

Indoor nets will begin at Thomas Mills School in Framlingham on Sunday 2 March and the club plan to hold their AGM on Thursday 6

March in the King's Head in Orford. A pre-season get together has been organised on Sunday 6 April to enjoy the wonderful fayre offered by David and his team at The Froize.

Very pleased to announce that Jack Pynn will be leading on youth cricket for season 2025. We will be running our Allstars/Dynamos programmes once again through the summer. A slight change this year in that we will be running our youth coaching sessions on consecutive Sundays for eight weeks starting on Sunday 1 June at 10am. We agreed that there will be fewer clashes with other sports if we move from Saturday to a Sunday.

Also pleased to announce that Ian Lockyer has agreed to lead our Saturday league team this year. He will be supported by last year's skipper, Ian Foll.

This year sees the club competing in the Two Counties League Division Eight. Some new trips ahead with Elveden, Stowmarket, Nowton, St Margaret's, Horringer, Long Melford and Walsham Le Willows being joined by previous opponents, Woolpit, Copdock, and Melton. We open up with a home tie on 19 April against Long Melford.

As always, if you are interested in playing, supporting or helping our local village cricket team, do drop Andy Halliday an email on [andyhalliday1@me.com](mailto:andyhalliday1@me.com)

**Andy Halliday**

### **HAYDN MASS FOR COMMUNION**

On Sunday 16 March at 11am, Orford Church Choir will give a liturgical performance of Haydn's 'St John' Missa Brevis, known as the 'Little Organ Mass', together with a thrilling Haydn anthem, *Insanae et Vanae Curae*. The service of Holy Communion will be led by the Archdeacon of Rural Mission, the Ven. Sally Gaze.

One of the glories of Christian worship is the sung mass – few composers with an interest in choral music can resist the challenges and satisfactions of writing for the familiar service pattern of Kyrie – Gloria – Sanctus – Benedictus and Agnus Dei, from Palestrina and Mozart to Andrew Lloyd Webber and John Rutter. A prolific writer of notably tuneful masses was Joseph Haydn (1732–1809). Haydn wrote the Little Organ Mass for the order of the Brothers of Mercy in Eisenstadt where he worked for the court of Nikolaus II, Prince Esterházy. At the 1775 premiere, Haydn himself presided at the organ, which is heard to good effect in the Benedictus, an extended organ movement featuring a solo soprano.

This is the first liturgical performance in Orford of a mass by a great composer, a venture only made possible because of our magnificent Peter Collins organ. We extend a warm welcome to anyone who would like to come to the service.

**Graeme Kay**, Director of Music, Orford Church

### **TMEF TALKS FOR THOMAS**

The last in the current series of our popular 'Talks for Thomas' will be on Friday 11 April with 'All at Sea' by Jeremy Rugge-Price. Following on from his exciting and entertaining talk last year about his life in New York and his relationship with the Mafia, Jeremy will be regaling us with more of his amusing escapades from his life on the ocean waves which included battling a Category 5 typhoon in the Indian Ocean when he was one of four helmsmen on his ship in 1957.

The evening will start at 6.30pm with a glass of wine and some nibbles and the talk will begin at 7pm. Please book tickets, £10, in advance from Heather Patrick on 07720 265427 or email [contact@tmef.org.uk](mailto:contact@tmef.org.uk)

And a 'save the date' for everyone: T4Thomas this year will be held on Sunday 8 June and we look forward to welcoming you all to our popular annual main fundraising event which is now in its sixteenth year!

Thank you all for your ongoing support of TMEF.

**Wendy Marshall**

### **TASTER SAILING SESSIONS 2025**

Orford Sailing Club would like to offer taster sailing sessions which are open to everyone. Children should be at least eight years old. These sessions are aimed at local families and particularly Orford School children. These short fun sessions create an opportunity to experience sailing on the river and to meet others who enjoy sailing. They are free of charge. There is no further commitment.

First session will be held on Wednesday 28 May at 5pm and on subsequent Wednesdays until 2 July. There will be sessions on Sunday 15 June and Sunday 22 June at 10.30am.

On Sunday 29 June there will be a special extended children's session to include games, fun and lunch.

Should you be interested please contact Sheena Barrow [sheenamargaretbarrow@gmail.com](mailto:sheenamargaretbarrow@gmail.com), 07867 978770

**Sheena Barrow**

### **ORFORD OPEN GARDENS 2025 – SAVE THE DATE**

Please save Sunday 25 May in your diary for this year's Orford Open Gardens. There will be a range of beautiful gardens to visit, some opening for the first time this year, alongside a display of sculptures by local artists, a refreshment stall, a raffle and a plant sale.

Watch out for further information in a future issue. In the meantime, if you are interested in opening your garden this year or in future years, or have any questions about Open Gardens, please call Libby Archer on 0771 341 3494.

**Libby Archer**

### **ALDEBURGH MUSIC CLUB PRESENTS ETERNAL LIGHT**

A concert at Orford Church, Saturday 29 March 2025.

Aldeburgh Music Club's first concert of 2025 takes place at St. Bartholomew's Church, Orford, on Saturday 29 March at 7pm. Under the title 'Eternal Light', the concert by Aldeburgh Music Club Choir includes a performance of Joseph Haydn's 'Nelson' Mass and Morten Lauridsen's *Lux Aeterna*.

Haydn wrote his 'Mass for Troubled Times', perhaps his greatest single composition, in 1798, but it was only two years later when Lord Nelson, who had defeated Napoleon at the Battle of the Nile in the year of its composition, is believed to have met the composer and attended a performance, that the work acquired the title 'Nelson' Mass. It remains one of Haydn's most popular works.

Morten Lauridsen, who was born in the Pacific Northwest of the USA in 1943, is a prolific composer of choral music, and was awarded the National Medal of Arts in 2007. Amongst his many works is *O Magnum Mysterium*, which Aldeburgh Music Club performed at their Christmas 2024 concert. *Lux Aeterna* is now considered a classic, a beautiful and serene cycle of lyrical movements inspired by Gregorian chant as well as Medieval and Renaissance music.

The professional soloists for the Mass, all based in the East region, will be Laura Morgan (soprano), Ashley Harries (counter tenor), Richard Edgar-Wilson (tenor) and Matthew Crowe (bass), and the performance will be accompanied by the Prometheus Chamber Orchestra, and conducted by Tom Appleton. *Lux Aeterna* will be accompanied by Jonathan Rutherford on the piano.

In addition to the two choral works, the concert will include a performance of Benjamin Britten's *Canticle II: Abraham and Isaac*, performed by Ashley Harries and Richard Edgar-Wilson, accompanied by Jonathan Rutherford. *Abraham and Isaac* was written by Britten in the same year that he founded Aldeburgh Music Club, following representations that there were insufficient opportunities for amateur music making in the town. Aldeburgh Music Club has been going ever since and is now one of the most highly respected choral groups in the region.

Tickets are £20, half price for those under 18, and can be obtained by going online to [www.aldeburghmusic.club](http://www.aldeburghmusic.club)

For more information, please contact David Edwards [dwe450@gmail.com](mailto:dwe450@gmail.com)

**David Edwards**

## MARCH AT ST BARTHOLOMEW'S CHURCH

Sunday 2 March	9.30am, Holy Communion – Rev Dr Stephen Thompson
Wednesday 5 March	5pm, Holy Communion for Ash Wednesday (with ashes) – Rev Robin Alderson
Sunday 9 March	10am, Family Service – Jacki Maslin
Sunday 16 March	11am, BCP Holy Communion Haydn's Missa Brevis with Choir – Archdeacon Sally Gaze

For further information during interregnum, please contact Churchwardens Guy Marshall (450090) or Jacki Maslin (450799).

**Jacki Maslin, Churchwarden**

## BISHOP MARTIN SEELEY

An advocate of parish and chaplaincy ministry, Bishop Martin had overall responsibility for the Church of England in Suffolk, covering nearly 480 churches and eighty-seven church schools, serving 631,000 people. He has been committed to maintaining and increasing the number of clergy in Suffolk, and to not closing churches. In 2024 the Diocese has seen a rise in church attendance, particularly among young people.

Bishop Martin retires on Friday 28 February and hundreds of well-wishers attended a farewell service in St Edmundsbury Cathedral on Sunday 2 February to mark his retirement. Bishop Martin said of his farewell service 'Sunday was overwhelming and emotional. Listening to my children read the lessons felt like a rounding off these ten years – they had read at my consecration and enthronement. I have been so grateful to God for calling me to this amazing Diocese and allowing me to serve here. And then the laying up of the Diocesan Crozier, and the walk with my family down the aisle as the music to which Jutta and I walked out of our wedding was moving beyond words. I felt in that moment that in my laying up of the crozier, and so symbolically handing over my care for the people of Suffolk, you had given me back to my family.'

As a member of Bishop's Council and knowing Bishop Martin since my first Vacancy in See role, I was moved on that day, and realistically, his whole ten years of service. He supported Orford Church, attending a concert in Snape Maltings with Jacqui Dankworth, who we first had at Jazz At The Pavilion. A wonderful man who will be missed by everyone.

**Jacki Maslin**

## MARCH AT ORFORD METHODIST CHURCH

Sunday 2 March	10.30am	Service arranged locally
Sunday 9 March	10.30am	Stephen Caley, first in Lent
Sunday 16 March	10.30am	Stephen Caley
Sunday 23 March	10.30am	Rev Saul – Holy Communion
Sunday 30 March	10.30am	Café service for Mothering Sunday/Mother's Day
Sunday 6 April	10.30am	Stephen Caley

You will be very welcome to join with us at any of our Sunday services – we share refreshments afterwards – children stay in church and have their own activity and often help with the service. Recently, we have participated in Café Worship, and an Agape, also enjoying February birthday cakes for two of our young people with a children's lunch and party to follow.

Chapel Tea Room – open every Monday and Wednesday from 11am – and soon to revert to Summer Time opening until 4pm. More and more visitors are enjoying good food and company, many returning week after week. Why not call in and visit for a great lunch menu, including homemade soup, coffee and cake, and plenty of local made crafts. The secondhand book stall has been great for that 'winter read' and will be expanded as spring arrives! Look out for a third opening day coming soon! Can we encourage you to come and assist us?

Shrove Tuesday, 4 March – Soup and roll, pancakes and coffee, from 12noon–2.30pm, the Chapel Tea Room

We are in the planning stages for a VE Day victory celebration on Saturday 3 May and extended through the following week – more details later.

Our young people's charity and fund raising for 2025 is the Leprosy Mission, welcoming support from friends and family.

**Stephen Caley**

## ORFORD AND DISTRICT GARDENING CLUB

Welcome!

In 2025 there will still be six talks and our Garden Party included in the membership fee of £15. It's £5 for guests per event. Do come and join us!

Next event:

Thursday evening, 6 March: *Luci Skinner – Iris all the Year Round*, 7.30pm, Orford Town Hall

Luci is one of our favourite speakers and was at Woottens of Wenhamston who specialise in Iris for many years and now has her own design business. She will lead an illustrated discussion on the Iris genus including a summary of the Iris family, and an in depth look at Bearded Irises. This will be followed by an exploration of a selection of species Iris that you can grow in your garden for flower all year round. Luci will answer all your questions too!

We hope she will also bring plants to sell...

*Tim Walker – Why Gardening Can Count as Fine Art*

Tim spoke to a crowded hall of us about gardening and why it is also considered artistic, giving lovely anecdotes and quotes to explain this thinking. He spoke about how the principles of painting and garden design are interlinked. He referenced many famous gardens and gardeners including Gertrude Jekyll, Humphrey Repton, Penelope Hobhouse and Marjory Fish. More recently Andy Sturgeon, Sandra and Nori Pope and Jackson Pollock. Tim spoke with a lot of humour and reminiscence about a broad range of plants, their colour and what colour was, including how it changes across the seasons and within the day and also how it was perceived by different people. All these ideas were clearly demonstrated by garden photos. It was a fascinating insight for us all. We then had tea and cakes and socialised whilst donating to Perennial, our Gardeners Charity.

*Trailer for 2025 Programme...*

- Thursday evening, 3 April: Mark and Adrienne De Roy – The Growing and use of Lavender as a Plant and Essential Oil Production
- Thursday evening, 1 May, Fiona Cumberbatch – Creating a Container Garden in a Year
- Wednesday afternoon, 14 May: Visit to Ramblers for Rhododendrons and Azealeas

**Polly Sharkey** (Chair), [creativefutures98@btinternet.com](mailto:creativefutures98@btinternet.com), 01394 450959

## ORFORD MUSEUM UPDATE

Our usual monthly talks start again on Thursday 13 March with a talk by Sir Alex Younger KCMG entitled: '*Divergence, Hyper Connection and Chaos: a spy's view of the world.*'

Sir Alex Younger was for thirty years a career intelligence officer in Britain's Secret Intelligence Service, MI6. He served in Europe, the Middle East and Afghanistan. He was appointed as Director of Counter Terrorism from 2009 to 2012, Head of Operations from 2012 to 2014 and then Chief of the Service from 2014 to 2020. Prior to SIS, Alex served in the British Army as an infantry officer. He attended St Andrews' University, where he read computer science amongst other things. Alex led MI6 during a period of unprecedented technological change when both digital threats and opportunities intensified.

Please note that bookings for this talk are now waiting list only. If you wish to go on the waiting list, please email [info@orfordmuseum.org.uk](mailto:info@orfordmuseum.org.uk)

Wednesday 2 April 2025, Baillie Gifford prize-winning author Lucy Hughes Hallett will talk about her biography of King James I's favourite, George Villiers, Duke of Buckingham:

# 'The Scapegoat: The Brilliant Brief Life of the Duke of Buckingham'

Buckingham was James I's gatekeeper, right hand man and lover and, when Charles I succeeded his father, he was similarly enthralled and made Buckingham his best friend and first minister. Buckingham's story was part of a great political drama. After a spectacular fall from grace, he came to represent everything that was wrong with the country. The Scapegoat navigates love, war-fever and pacifism in a society on the brink of cataclysmic change and in this authoritative account of his life, Hughes Hallett summons up an era that still resonates today.

The above talks take place at Butley Priory, start at 6pm and last about an hour. Tickets cost £15 for Friends of Orford Museum,

£20 for guests and include a complimentary glass of wine (served from 5.30pm). Please book through our website at [www.orfordmuseum.org.uk](http://www.orfordmuseum.org.uk).

## Help wanted!

Orford Museum is looking for a volunteer to help with the administration of the Friends organisation. There is lots going on at the Museum at the moment and the immensely successful series of talks at Butley Priory has brought in many new members. If you would like to be part of this and have computer skills, please get in touch with me, Elizabeth Spinney at [a.spinney43@btinternet.com](mailto:a.spinney43@btinternet.com)

**Elizabeth Spinney**

## MARCH UPDATE FROM THE PENINSULA PRACTICE

DAY	ALDERTON	ORFORD	ALDEBURGH
Monday	8.00 to 14.30	8.00 to 18.30	8.00 to 18.30
Tuesday	8.00 to 18.30	CLOSED	8.00 to 18.30
Wednesday	8.00 to 18.30	8.00 to 13.00	8.00 to 18.30
Thursday	8.00 to 18.30	8.00 to 13.00	8.00 to 18.30
Friday	8.00 to 18.30	8.00 to 13.00	8.00 to 18.30

Staff training is important for our practice. On the following days, surgery sites are closed from 13:00 until the following day. The specified site is open for booking future appointments and accessing repeat prescriptions.

Thursday 10 April – Aldeburgh • Wednesday 14 May – Alderton • Thursday 12 June – Aldeburgh

## Contacting us online

We at Peninsula Practice are introducing a new way of contacting us online and ensuring that your health concerns are resolved. We are now using an online software which can integrate with the NHS app. You can provide information and images about your concern, and a healthcare professional within Peninsula Practice will review the information and contact you. This means that you don't have to call us at 8am to get an appointment, and have the ability to monitor your queries using the NHS app. We will still be available for phone calls, however, this new process enables you, our patients, to contact us when it is convenient for you throughout the practice opening hours. Please go to our website and select 'Contact Us Online' to begin using this service.

## Upcoming half term winter guide

A resource developed by Suffolk and North East Essex Vaccination Service can help you to understand what to do and which service to turn if you need advice or support over winter and this upcoming half term. This guide can be accessed at:

<https://sneevaccine.org.uk/this-winter/>

**[www.thepeninsulappractice.co.uk](http://www.thepeninsulappractice.co.uk) or 01394 411641**

<https://www.facebook.com/ThePeninsulaPracticeGPSurgery/>



01394 450235

- We can help with any of the following:
- Friendship and companionship
- Collection of medication
- Shopping
- Dog walking / feeding pets
- Form filling and help with technology
- One-off garden tidy
- Minor household repairs
- A healthy meal
- Transport to hospital and GP appointments
- Provision of a personal care alarm and key safe
- A Community Larder located in the entrance to the Kings Head car park
- Identification of scams and scammers and support for those affected.
- Friday Soup at Bart's Hall

Other activities as requested and agreed

## Be Scam Aware

There have been some attempts to scam villagers out of their money recently. Please follow these guidelines from Suffolk Trading Standards:

Never agree to anything, including a home visit, when approached by a cold caller on the phone (text or call), at your door or via email. Do your research first and find out if it is a product or service that you want or require.

Use this checklist which might indicate you are dealing with a scam:

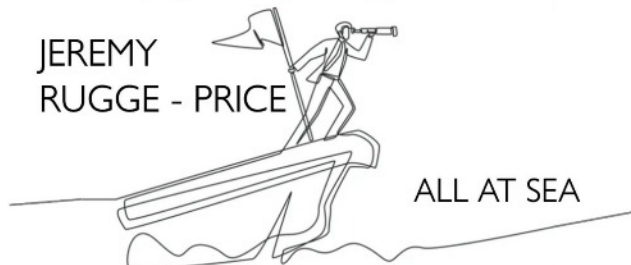
- it seems too good to be true – for example, a holiday that's much cheaper than you'd expect
- someone you don't know has contacted you unexpectedly
- you suspect you're not dealing with a real company – for example, if there's no postal address
- you've been asked to transfer money quickly
- you've been asked to pay in an unusual way – for example, by iTunes vouchers or through a transfer service like MoneyGram or Western Union
- you've been asked to give away personal information like bank details, passwords or PINs
- you haven't had written confirmation of what's been agreed
- If you want help identifying a possible scam or what to do if you think you have been scammed please ring us for advice.

► THOMAS ► MARSHALL ► EDUCATION ► FUND

# TALKS FOR THOMAS

Thomas Marshall Education Fund is delighted to host the last in the current season of entertaining and enlightening presentations with

JEREMY  
RUGGE - PRICE



ALL AT SEA

Following his exciting talk last year about life in New York and his relationship with the Mafia, *Jeremy Rugge - Price* presents tales from his life on the ocean waves which include battling a Category 5 typhoon in the Indian Ocean when he was one of four helmsmen on his ship in 1957.

Friday 11th April 2025

Town Hall Market Hill Orford

The evening starts at 6.30pm with wine and nibbles.

The talk will begin at 7.00pm and the evening will finish around 8.00pm

Please book your tickets, £10 in advance, on 07720265427 or email [contact@tmef.org.uk](mailto:contact@tmef.org.uk)