



The newsletter for the community of Orford and Gedgrave

Issue No. 388 July 2024

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Although published and funded by Orford and Gedgrave Parish Council and New Orford Town Trust, Village Voice is totally unbiased in its reporting.

The Council therefore holds no responsibility for its content except that submitted by and on behalf of the Council or Trust.

All copy must be received by midday on Thursday 18 July, preferably by email to:

orfordtrust@outlook.com or put through the Town Hall letterbox

Priority for inclusion is given to articles that are about or directly affect the community of Orford and Gedgrave and inclusion is subject to editing and availability of space. Contributors should be aware that this newsletter is published on the website of Orford and Gedgrave Parish Council and the New Orford Town Trust (www.orfordparishandtrust.onesuffolk.net)

COPY DEADLINE FOR THE AUGUST ISSUE OF VILLAGE VOICE IS MIDDAY ON THURSDAY 18 JULY

DATE FOR YOUR DIARY

Saturday 24 August VILLAGE FEAST

The Village Feast will take place on the evening of Saturday 24 August in the Market Square. There will be an outside bar, live music and hog roast. Flaming Cheek will start to play at 7pm and finish at 10pm. The bar and hog roast will be selling from 6.30pm. If you would like to bring your own picnic, please feel free, and please bring a chair if you can.

D-DAY – THANK YOU

Thank you to all that attended the evening and a special thank you to all that assisted with evening: the Mixing Bowl for the puddings and custard, Nick Edgerton for the music and The Moving Plaice for the food. This was all possible thanks to Suffolk County Council, East Suffolk Council and The New Orford Town Trust. Thank you also to the Suffolk Fire Service for erecting the bunting for the event and for the lighting of the beacon.

Marie Backhouse, Clerk/RFO to Orford and Gedgrave Parish Council

ORFORD SPORTS & RECREATION CLUB

Those members who participated in the coach trip to Norwich thoroughly enjoyed themselves, so the next members coach trip will be to Great Yarmouth on Thursday 19 September, leaving the Market Square at 10am. Contact Sam Davis for more information.

Other events coming up:

- Thursday 11 July, Bike Meet Night from 6pm – bar and barbecue available.
- Saturday 20 July Live music from Flaming Cheek from 8pm, with a special guest spot from Amy Villa.
- Thursday 8 August, Bike Meet Night.
- Saturday 7 September, Steve Richardson memorial darts night, from 7.30pm, prize money available.

And don't forget Friday night club nights and keep an eye on the board and Facebook page for Bingo nights and other pop up events.

Mark Smy, Secretary, 450358

COMMUNITY LARDER FUNDRAISER LUNCH

The Good Neighbour Scheme is having a fundraising event for the Community Larder in collaboration with the King's Head. It will be a pasta lunch (a variety of pasta dishes will be available) and will be at The King's Head from 12noon until 2.30pm on Monday 8 July.

July dates for your diary

- Each Tuesday: pickleball - Orford Town Hall, 7-9pm
- Each Wednesday: chair pilates - Orford Sports and Recreation Club, 11am-12noon
- Each Monday and Wednesday: Methodist Chapel tea room, lunch, afternoon tea, 11am-4pm
- Each Wednesday: badminton - Orford Town Hall, 7-9pm
- Each Friday: pickleball - Orford Town Hall, 10am-12noon
- Each Saturday: Orford Country Market - Orford Town Hall, 9.30am-1pm
- Saturday 6 July: Catherine Ennis Memorial Organ Recital - St Bartholomew's Church, 4pm
- Monday 8 July: Community Larder fundraising lunch - The King's Head, 12noon-2.30pm

The cost will be £12 a head of which £5 will go to the Community Larder. Please book if you can.

Liz Feibusch and Corinne Lusher

35th ANNUAL QUAY SERVICE

SUNDAY 4 AUGUST AT 6PM

Supporting the Fishermen's Mission (RNMTDSF). Andy Malcolm representing the Mission will update us of the recent work of the mission – and he will also preach. Suffolk Phoenix Brass will accompany the singing. Let's hope for some good weather.

Stephen Caley

FLOWER SHOW REFRESHMENTS

It's the time of year again when I ask for donations of cakes/biscuits etc for refreshments at the flower show. Donations can be dropped off at the Recreation Ground Pavillion on the morning of the show (Saturday 24 August) or the day before, or I can collect them from you. All money raised will go to the Recreation Ground Charity. Many thanks!

Anne Macro, tel 450741

THE 2024 CATHERINE ENNIS MEMORIAL RECITAL

Following in the illustrious footsteps of Thomas Trotter and Olivier Latry, who gave sell-out recitals in 2022 and 2023, I have invited the international organist David Briggs to give this year's Catherine Ennis Memorial Recital on Orford Church's magnificent Peter Collins organ (Saturday 6 July at 4pm).

Known for his unbridled virtuosity and passion for making organ music vibrant and accessible to a wide and diverse audience, David is one of the most sought-after concert organists of his generation.

A former Organ Scholar at King's College, Cambridge, he also studied with Jean Langlais in Paris. David has held numerous positions in North America and the UK, including Organist Emeritus of Gloucester Cathedral. He comes to us from New York, where he is currently artist-in-residence at the Cathedral Church of St John the Divine in New York City.

A prolific and brilliant composer, David's music was heard at Whitsunday Choral Evensong in Orford; heavily influenced by the exuberant French improvisatory style of playing by Olivier Latry's great predecessor at Notre Dame in Paris, Pierre Cochereau, David's programme includes his own arrangement of Paul Dukas's *The Sorcerer's Apprentice*, major works by JS Bach, Mozart, Reger and Vierne, and an improvised symphony. A feast of a recital is promised, and will surely be delivered by David. Tickets (£15 unreserved) are available from Britten Pears Arts (<https://bit.ly/3WJovFB>), or from The King's Head, Orford.

Graeme Kay, *Director of Music, Orford Church*

JULY AT ST BARTHOLOMEW'S CHURCH

All are welcome to join us at St Bartholomew's, Orford for the following services in July:

Sunday 7 July	9.30am Holy Communion at Orford – Rev Dr Stephen
Sunday 14 July	10am Family Service at Orford – Jacki Maslin
Sunday 21 July	11am BCP Holy Communion at Orford – Rev Dr Stephen
Sunday 4 August	9.30am Holy Communion at Orford – Rev Dr Stephen

For further information during interregnum, please contact Churchwardens Guy Marshall (450090) or Jacki Maslin (450799).

Jacki Maslin

JULY AT ORFORD METHODIST CHURCH

Sunday 7 July	10.30am Rev Stephen Yelland – COMMUNION
Sunday 14 July	10.30am Service Arranged Locally
Sunday 21 July	10.30am Stephen Caley
Sunday 28 July	10.30am Service Arranged Locally
Sunday 4 August	10.30am Stephen Caley 6pm Annual Quay Service

You are welcome to join with us – our children stay in church and often assist with the service and also have their own activity – we conclude the service with refreshments and a monthly lunch. Chapel Tea Room open every Monday and Wednesday from 11am–4pm. Do come along – we are seeing the return week after week of many friends who enjoy good food and the relaxed space. (tables outside too, weather permitting). There's always a great menu for lunch plus coffee, tea and cake. If you need a good read, then browse the many books (100s) – you will find something to interest you.

Many thanks for recent donations received including from the Thanksgiving Service held here for the late Joyce Doy (Framlingham).

Stephen Caley

ORFORD OPEN GARDENS 2024

After a daunting amount of rain first thing in the morning on Sunday 26 May, the sky luckily cleared, and the sun emerged just in time for the start of Open Gardens. Eleven wonderful gardens were open this year, some for the first time, stretching from Toller Close to the quay. We estimate that there were 300 visitors; those who came into the church after touring the gardens were full of enthusiasm and really enjoyed the day.

As well as the gardens to visit, there were refreshments for sale in church, a plant sale, a competition to name as many plants as possible in the garden of The Saltings, and a raffle for a £100

National Garden Gift voucher. Congratulations to the winners! Overall, £2,900 was raised for the Friends of St. Bartholomew's Church charity, beating last year's total.

Thank you so much to the garden owners who generously opened their gardens and worked so hard to present them in lovely condition. Warm thanks also to everyone else involved in the arrangements for the day, including artwork, baking delicious cakes and scones, and working on the tickets, raffle, refreshments and plant stalls – a true team effort that made the day a success.

Looking ahead, if you are interested in opening your garden for the first time in future, please call Libby on 0771 341 3494.

Libby Archer and Sally Walton, *Open Gardens organisers*

T4THOMAS 2024

Despite the not so favourable weather this year, T4Thomas on Sunday 9 June was a resounding success. Our hardy supporters were not to be thwarted by a stiff, cold wind and dark clouds and so wrapped up warmly to sit in the garden at Chantry Cottage and still enjoy teas, cakes and lunches. There was a great atmosphere and buzz about the place. Our merry band of helpers did sterling work taking orders and serving food and drink. We raised just over £3000. A huge heartfelt thank you to everyone who helped and who came and supported us. Thank you also to Piers and Suvi Pool from High House Farm for generously donating the delicious apple juice and also to Pump Street Bakery for their generous donation of the lovely bread and rolls.

We are very humbled by all the continuing support for TMEF that we receive from everyone.

Thank you.

Dates for your diary:

Our next two fundraising events will in September.

On Friday 20 September Joanna Eden will be performing in St Bartholomew's Church at 7.30pm. Tickets are £17.50, and we are now taking bookings. Joanna, who was the voice coach for Sam Smith, came and performed for us in 2013. We look forward to welcoming her back with Leigh McDonald for an updated version of their hilarious comedy cabaret – 'The Unbearable Pleasures of Being a Woman'.

On Saturday 28 September we are holding another popular Fumble in the Jumble, again in St Bartholomew's from 10am to 1pm. So as well as giving you the opportunity to come and have a good old rummage for items you didn't realise that you needed or indeed really wanted, it also gives you plenty of time to declutter your houses and donate those unwanted, but saleable items to a worthy cause.

Wendy and Guy Marshall, 01394 450090 or contact@tmef.org.uk

ORFORD AND DISTRICT GARDENING CLUB

Next Event: Wednesday afternoon, 10 July – visit to Parham Hall

Parham Hall, near Framlingham, comprises the restored remnant of the original sandstone hall surrounded by lovely grounds. These include an expanse of parkland with many splendid ancient trees, island garden beds, a superb kitchen and herb garden, varied fruit orchards, a vinery and a mellow red brick crinkle-crinkle wall, as well as a scented plant walled garden and pond.

Tea and homemade refreshments. £10 members, £15 guests.

Join our Club any time £10 for the rest of 2024...

Our First Pop up Garden of the year

Fran and Bill of Hyde Park Corner were the first members this year to share their delightful garden with other members. Our thanks to them both. It was wonderful to stroll around amongst spires of Foxgloves growing wild, fragrant roses, Rhododendrons in the borrowed landscape of Captain's Wood and their unusual vegetable patch.

Garden Party

We held our annual event in June at Gedgrave Hall courtesy of Sir Edward and Lady Clare Greenwell this year. It is such a

delightful location and we were able to meander around the lovely garden rooms, appreciate the Japanese cloud hedge and also enjoy the far-reaching view from the mound alongside enjoying a delicious afternoon tea provided by members. We really appreciate their support in sharing this with us.

Our Gardening Club supporting the after-school Club

This continues to be fun all round and we really appreciated Ladybird Nurseries donating a whole trolley load of plants for the benefit of the school. This are being put to good use and encourage future young gardeners in our area.

Coming in 2024:

- Stall at the Flower Show, Saturday 24 August
- Wednesday afternoon, 11 September, trip to Southwold Flower Company
- Thursday evening, 3 October, Digging for Answers – a light-hearted quiz with drinks and nibbles
- Saturday 16 November, 3 pm including afternoon tea: Nick Bailey, award-winning TV presenter, author, garden designer and speaker – *Revive your Garden: How to breathe life, style and good health back into tired gardens*. Tickets available in the autumn.

Polly Sharkey (Chair), creativefutures98@btinternet.com, 01394 450959

SUDBOURNE HALL CRICKET CLUB

The stuttering start to summer we are all experiencing seems to have been mirrored on the pitch by our cricketers, as the Sudbourne Hall Saturday league team has struggled to get to grips with life in the Two Counties League Division Seven. A tough period through May and early June saw defeats to Braintree, Tendring, West Bergholt, Woolpit and Ipscol. Despite the weather, excellent work from groundsman Rob Jenkin and his team has meant all home games have been played. Incredibly, only two away games have been lost to the weather. Sudbourne's first win of the season came on 15 June versus Ipswich in a low-scoring thriller at Sudbourne. With the home team only managing 68 for 9 in a reduced 35 over game. Inspired by opening bowler Ian Firth with 5 wickets for 17 runs and 30 runs from Richard Daykin, the hosts bowled Ipswich out for only 60, winning by just 8 runs. As I write this, Sudbourne Hall sit in the relegation zone, ninth in the eleven-team league.

On a more positive note, both women's cricket and youth cricket are now underway, and we look forward to a number of social midweek T20 fixtures, not as serious as the Saturday league cricket.

Women's only cricket sessions are run on Wednesdays from 6.30pm, no previous cricket experience is necessary, just turn up and have fun. Please contact nick.joel@me.com if you are interested in joining us.

Youth cricket sessions are on Saturday mornings at 11am on 6 July, 13 July and 27 July. Generally, these sessions are aimed at 5- to 12-year-olds. Please do contact andyhalliday1@me.com if you have a son or daughter who would like to attend. Again, no previous cricket experience is necessary.

All details can be found on our website, www.sudbournehallcc.com

Andy Halliday

ORFORD MUSEUM EVENTS AT BUTLEY PRIORY

Son et Lumière

We are planning a very exciting event at Butley Priory this summer. On Thursday 22 August, Orford Museum is presenting a *Son et Lumière* illustrating the history of Butley Priory from its

very earliest days up to the present. This will be done using light effects and images projected onto the magnificent façade of the Priory accompanied by music and a narration by professional actors. You are invited to bring friends and family of all ages to picnic on the lawn in front of the Priory and watch this fascinating story unfold. Doors will open at 7pm and the performance will start at 8pm lasting an hour. Tickets cost £20 for Friends of Orford Museum, £25 for non-Friends, children under 14 free. Booking details will be posted on our website – details below.

The Scoliotic Knight Encounters with Richard III

Our very popular guest speaker, Tobias Capwell, formerly Curator of Arms and Armour at The Wallace Collection in London from 2006 to 2022, is returning to Butley Priory on Wednesday 25 September 2024 to talk about his involvement with the discovery of Richard III's remains in a car park in Leicester. He has written and spoken extensively on both the historical and practical aspects of his subject. Tobias is also a skilled jousting and claims to be the world's only jousting curator! His lecture is entitled: *The Scoliotic Knight Encounters with Richard III*.

The discovery of the remains of Richard III raised fascinating new questions. The scoliosis exhibited by the last Plantagenet King's skeleton revealed that the twisted physique of Shakespeare's 'Black Legend' did have at least some basis in fact. But how could such a diminutive person, suffering from a significant spinal condition, have mastered the knightly fighting arts? How could he have worn full armour and fought in battle?

Join Tobias as he discusses his encounters with this most captivating and controversial of English Kings; from his work with Philippa Langley in the years before the discovery of the grave in Leicester, to his research into the implications of a severe spinal condition for a medieval king and warrior, his participation in the Channel 4 documentary *Richard III: The New Evidence* (2013), his role as one of the two armoured horsemen escorting the king himself to his final resting place in Leicester Cathedral to, finally, his service as Historical Advisor on the recent film *The Lost King* (2022).

The Lost Gardens of Suffolk

On 24 October 2024, local historian Edward Martin, who led a visit by the Friends of Orford Museum to the Chillesford Lodge model farm and has contributed to The Orford & District Local History Bulletin, will talk about The Lost Gardens of Suffolk.

Lost gardens have a strong romantic appeal – things of beauty that have been allowed to slip away from us. In this talk, an archaeologist and landscape historian will show how seemingly unimportant mounds of earth and neglected ponds can, with the help of old maps, old photographs and other documents, be brought back to life and revealed as fascinating examples of garden history, giving tantalising glimpses of long-lost design styles and aspirations from the past. This exploration of Suffolk's rich gardening heritage will include medieval castles, Tudor mansions, Georgian parks and twentieth century dreams.

On 27 January 2025, Jamie Lowther Pinkerton, Suffolk born and bred with a deep interest in its past, will come to Butley Priory to talk about some of the great families of Suffolk and their place in our country's history. Full details of Jamie's talk will be posted on our website later.

All talks start at 6pm and last about an hour and a half. Tickets cost £15 for Friends of Orford Museum, £18 for guests and include a complimentary glass of wine.

To book tickets for these talks, please go to our website at www.orfordmuseum.org.uk/events or email the Treasurer at info@orfordmuseum.org.uk

Elizabeth Spinney

JULY AT THE PENINSULA PRACTICE

DAY	ALDERTON	ORFORD	ALDEBURGH
Monday	8.00 to 14.30	8.00 to 18.30	8.00 to 18.30
Tuesday	8.00 to 18.30	CLOSED	8.00 to 18.30
Wednesday	8.00 to 18.30	8.00 to 13.00	8.00 to 18.30
Thursday	8.00 to 18.30	8.00 to 13.00	8.00 to 18.30
Friday	8.00 to 18.30	8.00 to 13.00	8.00 to 18.30

Staff training is important for our practice. On the following days, surgery sites are closed from 13:00 until the following day. The specified site is open for booking future appointments and accessing repeat prescriptions.

Wednesday 11 September – Aldeburgh

All calls will be redirected to 111.

We offer an increasingly wide range of NHS services to our patients:

Memory checks (if worried about dementia) • Menopause management • Paramedic appointments • Same day physiotherapy for acute musculoskeletal symptoms • Ultrasound (by referral) • Single skin lesion clinic • Mental health and wellbeing support • Insomnia support - SleepStation (a bespoke programme) • Travel health • Social prescriber – support for non-clinical health and wellbeing needs • Compassionate Companion service – to support end of life choices and care • Full contraception services (eg coils) and sexual health •

Also available at our practice are non-NHS services (charged):

Chiropody – foot care appointments & home visits • Ear care – wax removal (see website)

Recent fall or feeling unsteady

If you have recently fallen or feel unsteady on your feet, are over 65 years old and are registered with us, please contact us about a referral for a 12-week programme to build your strength and balance with Active Suffolk.

Autumn covid and flu vaccinations

Over the next couple of months, we will be finalising our plans for the Autumn vaccination programmes. Updates will be posted on our website and social media channels, and please ensure your mobile number is up to date to ensure we can contact you.

Missed appointments

If you cannot attend your appointment, please call to inform us so that we can offer it to other patients and reschedule your appointment. Between 1 January and 31 March 2024, 138 appointments were missed, equalling a total of 35.75 hours of clinical time.

www.thepeninsulapractice.co.uk or 01394 411641

<https://www.facebook.com/ThePeninsulaPracticeGPSurgery/>



01394 450235

We can help with any of the following:

- Friendship and companionship
- Collection of medication
- Shopping
- Dog walking / feeding pets
- Form filling and help with technology
- One-off garden tidy
- Minor household repairs
- A healthy meal
- Transport to hospital and GP appointments
- Provision of a personal care alarm and key safe
- A Community Larder located in the entrance to the King's Head car park
- Support for anyone who is impacted by a scam
- Friday Soup at Bart's Hall
- Other activities as requested and agreed

Thank you to our wonderful volunteers and the local organisations who support us: The King's Head; Orford & District Surgery CIO; Orford General Stores; Orford Sports & Recreation Club; New Orford Town Trust; Pump Street Bakery; Saint Bartholomew's Church