



The newsletter for the community of Orford and Gedgrave

Issue No. 391 October 2024

**Edited by:** James Kennedy and NOTT Clerk **Published by:** Orford and Gedgrave Parish Council and New Orford Town Trust **Printed by:** Leiston Press Ltd

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All copy must be received by midday on Thursday 24 October 2024, preferably by email to:

orfordtrust@outlook.com or put through the Town Hall letterbox

Priority for inclusion is given to articles that are about or directly affect the community of Orford and Gedgrave and inclusion is subject to editing and availability of space. Contributors should be aware that this newsletter is published on the website of Orford and Gedgrave Parish Council and the New Orford Town Trust ([www.orfordparishandtrust.onesuffolk.net](http://www.orfordparishandtrust.onesuffolk.net))

## **COPY DEADLINE FOR THE NOVEMBER ISSUE OF VILLAGE VOICE IS MIDDAY ON THURSDAY 24 OCTOBER**

### **VILLAGE FUND**

The New Orford Town Trust has already made grants to several local organisations from its Village Fund. The next applications will be considered in October and should be submitted to the Clerk, preferably by email, by 9am on Tuesday 15 October. Please contact the Clerk for more information and an application form.

**Kara Reed**, Clerk to New Orford Town Trust, [orfordtrust@outlook.com](mailto:orfordtrust@outlook.com), 01394 459172

### **VILLAGE FEAST**

Thank you to the Orford Meat Shed, the BarMann, and Flaming Cheek for a wonderful evening. Thank you also to the New Orford Town Trust for the use of the Town Hall, tables and chairs. The evening was a great success even if the weather did try to put a dampener on it. A special thank you to all that helped with the putting out of the tables and chairs, and more importantly the clearing away. Ideas are already underway for next year...

Also, a date for the diary is the Carol Service on the Village Green, which is to be held on Wednesday 18 December at 6.30pm.

**Marie Backhouse**, Clerk to Orford and Gedgrave Parish Council, 01394 459172, [orfordtownhall@outlook.com](mailto:orfordtownhall@outlook.com)

### **VILLAGE FEAST THANKS**

I am sure I speak for all in thanking Marie Backhouse and her family for all the hard work they did for the Village Feast on 24 August.

Every year it is a success but this year they excelled despite the weather meaning that plans had to be changed at the drop of a hat (several times!) to ensure a good time was had by all. I am full of admiration as I am sure is everyone else is.

**Mary Iliff**

### **THE ORFORD, SUDBOURNE & GEDGRAVE FLOWER SHOW & FETE 2024**

Well, you couldn't write it! Weeks of dry weather and then just the one day of rain. Flower Show veterans were struggling to remember when we last had a fully wet Flower Show, but the crowds still came, and the children seemed to be oblivious to the rain. The feedback has been great with the overwhelming sentiment still

### **October dates for your diary**

- Each Monday: badminton - Orford Town Hall, 10am-12noon
- Each Monday: art class - Bart's Hall, 10am-1pm, all welcome (tel 07714 644584 for more details)
- Each Monday: Coffee and Chat - Rec Hut, 10.30am-12.30pm
- Each Monday and Wednesday: Methodist Chapel tea room, lunch, afternoon tea, 11am-4pm
- Each Tuesday: pickleball - Orford Town Hall, 7-9pm
- Each Wednesday: chair pilates - Orford Sports and Recreation Club, 11.30am-12.30pm (tel Suzanne Kearney for more details, 07944 991138)
- Each Wednesday: badminton - Orford Town Hall, 7-9pm
- Each Friday: pickleball - Orford Town Hall, 10am-12noon
- Each Friday (from 11 October): Soup lunch - Bart's Hall, 12.30-2pm
- Each Saturday: Orford Country Market - Orford Town Hall, 9.30am-1pm
- Thursday 3 October: Gardening Club - Orford Town Hall, 7.30pm
- Saturday 12 October: Eastern Angles performs *The Deep* - Orford Town Hall, 7.30pm (see p 2 for further details)
- Friday 18 October: Talks for Thomas - Orford Town Hall, 6.30pm for 7pm
- Thursday 24 October: Orford Museum Talk - Butley Priory, 6pm

being that we should continue to put on a traditional village flower show and fete as they are becoming very rare – it's always surprising how far people travel to attend, and they do it year after year.

Of course, we could not put on such a great show if it were not for the numerous volunteers who help build the showground over Friday and Saturday, run the stalls on the day and tidy away at the end, not to mention those who manage the show entries and the judges, there are far too many to name individually but you, and more importantly we, know who you are..

A massive thank you to the Committee who work tirelessly over months to get the show organised, enjoy your time off before we start again for the 2025 show.

A special thank you to all the Friends of the show, without whose generous donations the show could not run, and to Greenwell Farm Estate for the loan of men and machines to help build the show and take it down again, also to our first aiders and local fire crew for keeping us safe, and finally to the Orford Meat Shed for providing the very important bone for the dog races!

Apologies if I have missed anyone, but thank you all again, it is very much appreciated.

It has always been the case that after deducting the costs of running the Show and retaining some funds to help run next year's Show, any surplus would be made available for local projects and good causes and there will be more on how to apply in the coming months.

Please visit us at [www.orfordflowershow.org](http://www.orfordflowershow.org) and on Instagram #orfordflowershow to see and share photos from this year's show.  
**Gary Wingrove**, *Chairman*

### ORFORD FLOWER SHOW REFRESHMENTS

I would like to thank everyone who donated cakes for the refreshments at the flower show, especially Michelle of The Mixing Bowl who donated lovely gluten free and vegan cakes which we are often asked for but usually have to say 'sorry, we don't have any'.

I would also like to thank the band of helpers who turn up every year to wash and dry up - you are wonderful. With the refreshments and cake raffle we made over £1200.00 which is fantastic.

Again many thanks to you all.

**Anne Macro**

### 'THANK YOU' FROM THE ORFORD FIRE STATION

On behalf of the crew of Orford Fire Station I would like to thank all who contributed to our collection held on Saturday 24 August in Orford. £160.57 was kindly donated to The Firefighters Charity.

**Neil Jacobs**, *Orford Fire Station, Suffolk Fire and Rescue Service*

### ORFORD FLOWER SHOW RNLI STALL

I can't remember a day for the Flower Show when it rained all day long. In the past there's been a small shower but this year it was relentless. Because all the things I put on the stall come from the Aldeburgh Lifeboat shop on sale or return, I couldn't really display very much because I would have had to pay items that got wet. Also, very few people wanted to stop and look at my wares when it was nicer to go into the marquee. I managed to sell a small amount and raised £247 which compares rather sadly with the £530 I took last year. Hopefully next year the sun will shine again and all my regular customers will return to support this very worthy cause.

**Diana Grayburn**

### ORFORD SPORTS & RECREATION CLUB

The final bike meet night has taken place, and we look forward to next year's meetings with a good crowd. As we move into autumn, don't forget the club is open on Friday evenings for the bar, darts, pool, snooker, WiFi and company.

Events coming up:

- Live music, Saturday 14 December, The Uptowns, watch this space and check out the club Facebook page and board.
- New Year's Eve: live music with Dave and John, 8 till late, free entry.
- Also, keep a watch for the Friday night darts nights and monthly bingo sessions.

There's plenty happening.

**Mark Smy**, *Secretary, 450358*

### COFFEE AND CHAT

We are going to restart Coffee and Chat. it will continue to be on a Monday morning from 10.30am until 12.30pm at the Rec Hut. Everyone is welcome. Come and have a cup of coffee or tea and a piece of cake and catch up with neighbours and friends - the more the merrier. We look forward to seeing you there.

**Anne, Jane and Hannah**

### FRIDAY SOUP LUNCHES IN BART'S HALL, ORFORD START AGAIN ON 11 OCTOBER – 12.30-2pm

We are starting up our warm room lunches again in Orford. Anyone is welcome to join us for a delicious bowl of homemade soup, followed by coffee or tea and cake. There is no charge for

lunch and any donations will be shared by the community larder or St Bartholomew's church.

Bart's Hall is at the junction of Bakers Lane and Broad Street. The hall has level access and a disabled toilet facility. For further information please contact Caroline Gill 01394 450302/ [carolinedechairgill@gmail.com](mailto:carolinedechairgill@gmail.com)

**Caroline Gill**

### EASTERN ANGLES TOURING THEATRE – 'THE DEEP'

This Autumn Eastern Angles is taking to the roads of East Anglia with a new production of Jón Atli Jónasson's play, *The Deep*. Based on a remarkable true story, *The Deep* tells the epic tale of one man's survival at sea. *The Deep* follows the inner struggle of a young fisherman whose boat is sinking in the ice-cold waters of the North Sea. As his hopes of survival drift away, this moving one-man show presents his journey through the hopes, fears, and regrets of his unresolved life. Speaking about the show, Director Jake Smith said: 'This is a moving odyssey based on a true story. It connects our regional identity and maritime history with a broad world view and shines a light on the power of live theatre. We witness the day in the life of a fisherman, a day in which the ship he is on sinks and his friends and colleagues drown. A day in which, against all odds our fisherman survives. I am excited to be working across the region's coastline and featuring members of the community in our production.'

Featuring projection and songs from local community choirs, *The Deep* presents East Anglian audiences with a chance to connect with a fishing community that spans the globe and to pay tribute to those lost at sea.

*The Deep* is coming to Orford Town Hall with a performance at 7.30pm on Saturday 12 October. For all the latest information and booking details, visit [easternangles.co.uk](http://easternangles.co.uk) or phone the Eastern Angles Box Office on 01473 211498.

**Emily Walden**, *Eastern Angles Theatre Company*

### TMEF PRESENTS TALKS FOR THOMAS – TAKE 2

*Friday 18 October: 'A Life of Crime'*

John Bevan will be talking about his time as Treasury Counsel prosecuting at the Old Bailey between 1984 and 1997. This promises to be an interesting insight into some of the higher profile cases during those years. Intrigued? Come along to find out more.

*Friday 22 November: 'Bombs, Bullets and Banter – the sequel'*

Following on from the positive feedback from Andy Halliday's last talk, we are pleased to welcome him back for a second chapter of Bombs, Bullets and Banter. This time Andy will dive a little deeper into stories from life on high-performing teams both in the world of Specialist Firearms policing and as an international hockey coach and athlete.

*Friday, 17 January: '1000 Years of Masterpieces in East Suffolk'*

Art historian Bill Crow is going to give a presentation about medieval manuscripts, sculptures and paintings created by artists working and living in East Suffolk, particularly in our coastal region. His intention is to show that our precious corner of the British Isles punches way above its weight when it comes to a fantastic level of creativity. Bill has an MA in Art History, has written six books and lectures on the history of art in Aldeburgh. All talks will be held in the Main Hall of the Town Hall in Orford, with the evenings starting at 6.30pm with a complimentary glass of wine and nibbles and the talks commencing at 7pm.

Tickets cost £10 and are available from Wendy Marshall on 01394 450090 or [contact@tmeff.org.uk](mailto:contact@tmeff.org.uk)

**Wendy Marshall**

### ORFORD BONFIRE AND FIREWORKS

The Orford Annual Bonfire and Fireworks will take place on Saturday 2 November 2024 (weather permitting) on the field behind the Recreation Ground, access via the Castle lane or over the Rec field. Bonfire to be lit at 6pm with the fireworks taking

place at approximately 7pm. There will be a BBQ selling burgers, hot dogs, hot and cold drinks – cash only please.

The bonfire will be available for garden waste, cardboard and untreated wood from 5 October - please leave your contributions in the designated space so that the bonfire can be built appropriately. There are numerous restrictions on what can be burnt so to allow us to continue this tradition please observe our request on what can be placed on the bonfire.

We need support in the form of volunteers during the day and on the night such as donation collectors, fire marshals etc. If you feel you could help, please contact Hannah Backhouse or please attend the planning meeting on Friday 18 October at 7.30pm in the Fire Station common room.

This year we are having a competition for the best Guy, there will be a small prize for children and one for adults. Please bring your Guys to the BBQ area on the field before 6pm on 2 November. The Committee would like to thank Michael Cordle for the use of his field again this year.

Finally, this is a not-for-profit event and cash donations collected on the night will secure and fund the event for 2025 - please give generously.

#### **Orford Bonfire and Fireworks Committee**

#### **OCTOBER AT ST BARTHOLOMEW'S CHURCH**

All are welcome to join us at St Bartholomew's, Orford for the following services in October:

Sunday 6 October	9.30am, Holy Communion at Orford – Rev Judith Andrews
Sunday 13 October	6pm, Harvest Thanksgiving with Choir at Orford – Rev Dr Stephen Thompson (followed by supper)
Sunday 20 October	11am, BCP Holy Communion at Orford and Recommissioning of Lay Elders – Archdeacon Rich Henderson (followed by fizz)
Sunday 3 November	9.30am, Holy Communion at Orford – Revd Dr Stephen Thompson

For further information during interregnum, please contact Churchwardens Guy Marshall (450090) or Jacki Maslin (450799)

#### **Ride and Stride**

On a glorious sunny day, Saturday 14 September, Ride and Stride took place over a number of churches in our Diocese. For St Bartholomew's Church, we only had one strider, due to the previous week's weather conditions, and aging of the previous participants. Our one strider, Mike Welsh, completed walking the four churches in our cluster, ending in Orford. He raised £310 for the Suffolk Historic Churches Trust and Orford Church. Thank you, Mike, for volunteering and stamina, and also to our volunteers manning the refreshments offered, sponsors, and to Caroline Gill who helped organise the event with me.

**Jacki Maslin, Churchwarden**

#### **OCTOBER AT ORFORD METHODIST CHURCH**

Sunday 6 October	10.30am Rev Stephen Yelland – COMMUNION
Sunday 13 October	10.30am Service arranged locally
Sunday 20 October	10.30am Stephen Caley
Sunday 27 October	10.30am Rev Saul

You are welcome to join with us at any of our services. Children stay in church and often share in the service. Refreshments are served afterwards.

The Chapel Tea Room is open every Monday and Wednesday from 11am–4pm. There's always a great menu over lunch time and plenty of coffee, tea, cakes and scones too. Look in some time, you will be pleasantly surprised and to find a huge selection of local art, crafts, woven articles, cards etc. not to mention local honey and the book stall. Celia has brought us a wealth of classical music on the piano for Mondays in the Tea Room and recently shared vocal and easy listening jazz and clarinet accompanied on the piano by Jan – enjoyed by all. More music to come!

Look out for invitations as we celebrate, this month, fifteen years of the opening of the successful Chapen Tea Room.

Our church children raised £110.00 with their outside summer stall for JMA (Junior Missionary Association) and were recently presented with certificates and badges to commend their interest and work.

Suffolk Epilepsy Support Group - Summer Saturday final total £504 – and much appreciated.

Well done to our five Riders and Striders, Angus, Sofia, Felicity, Louise and Ellen who gallantly visited many churches for the Suffolk Historical Churches Ride and Stride Day. Thank you to all the sponsors, and those who visited the Saturday Chapel Tea Room.

**Stephen Caley**

#### **PRAISE FOR 'THE KNITTED VILLAGE PROJECT' – BEST IN SHOW AT THE ORFORD FLOWER SHOW**

I received the following feedback from the judge of the Arts and Crafts entries at the Flower Show:

'The quality of entries at this year's Orford Flower Show was of a very high standard and it was a fitting display to celebrate the hundredth year of the show. The breadth of skill and talent demonstrated by entrants across a wide range of disciplines made judging each category challenging and enjoyable in equal measure. When it came to selecting the best in show, judges from all categories worked together, spending time discussing and deliberating over the merits of each category winner. A unanimous decision was reached on the "Knitted Village Project" being the overall best in show winner. The judges felt that the piece was an excellent creative interpretation of the village of Orford, made in yarn by a local group of "Orford Friends Who Knit" and using a variety of knitting and crochet techniques. The winning creation showcased a high level of skill and craft, alongside excellent choices in aesthetics. The 2024 winner of best in show demonstrated the ethos which underpins the success and longevity of Orford Flower Show and the wider village life and community. Andy Greenacre'

The judge, Andy Greenacre, is a full-time artist and was a finalist in *Grayson Perry's Art Club*, the TV show on Channel 4.

The Knitted Village is presently on display in St Bartholomew's Church.

**Jill Fullerton-Smith**

#### **ORFORD AND DISTRICT GARDENING CLUB**

We would like to welcome new people moving into the village and let you know that we are a very friendly Gardening Club and all you need to join us is to have an interest in gardening of any kind, plants, the wild and the environment. There are no Latin tests!

Special offer: £7.50 for rest of 2024! This entitles you to discounts on up-and-coming events, including Nick Bailey! Book tickets for Nick Bailey or email Polly: £12 members / £15 guests

#### **Next Events:**

Thursday evening, 3 October 7.30pm, Orford Town Hall: *Digging for Answers – a light-hearted quiz with drinks and nibbles*

We expect to have a fun, sociable evening with a wide range of questions that you will be able to answer, and it doesn't matter if you can't. Prizes for winners and losers!

Saturday 16 November, 3pm including afternoon tea: Nick Bailey award winning TV presenter, author, garden designer and speaker – *Revive your Garden: How to breathe life, style and good health back into tired gardens*

Nick was Head Gardener at London's Chelsea Physic Garden for seven years and his first book was about that time. His next was '365 Days of Colour in Your Garden', and his latest, 'Revive Your Garden' is the topic of our talk! He is a regular presenter on BBC Gardener's World and made the film of plants associated with Shakespeare which won best TV category Garden Media Guild Awards.

### **Trip to Southwold Flower Company:**

A group of us had a delightful afternoon at this lovely community focussed cut flower farm.

Picked them too! They grow a very wide range of flowers, and grasses ranging from the abundant Cosmos and Dahlias alongside Statice and other annuals for drying, perennials too! Gladioli now too. They are always experimenting with new plants and bulbs to widen their range and to fit our changing climate. Donna answered our many questions as we all had different reasons for coming including seeking out new plants or annuals which we might try in our own gardens or allotments.

**Polly Sharkey** (Chair), [creativefutures98@btinternet.com](mailto:creativefutures98@btinternet.com), 01394 450959

### **SUDBOURNE HALL CRICKET CLUB**

The curtain came down on the Sudbourne Hall Cricket club season in mid-September with the annual Presidents Day game. It is always an anticipated event in the calendar as the hosts take on a team raised by club President, Sir Edward Greenwell. With Edward's wife Clare providing a sumptuous lunch and tea, wall-to-wall sunshine and some excellent cricket, the day didn't disappoint with the Presidents XI winning a tight contest with one wicket remaining in the final over.

Defeat against Ipswich in early September for the Sudbourne Saturday league team pretty much condemned the team to relegation and life in Division 8 of the Two Counties League for season 2025. After a poor start to the season, the team rallied in July and early August, but with four teams being relegated from the eleven-team league, avoiding the drop was always going to be a tough ask. On a positive note, the team have managed to field a team for every game. The player retention challenges remain for rural village cricket teams like Sudbourne Hall.

However, the Saturday youth cricket sessions at the club have again proved popular, despite the indifferent weather. It has been great to see regular attendance from some of the children from Orford village, these are the future of the club. It is important to keep the initiative running through 2025.

As the season comes to a close, it's important to say a massive thank you to Rob Jenkin, Nick Joel and the team who have worked so hard at the ground this year. We have a ground that is the envy of many clubs in East Anglia. As with any village club, it's the volunteers who keep it afloat. Thanks to all who have supported through 2024 and kept village cricket alive in this lovely part of Suffolk.

**Andy Halliday**

### **ORFORD MUSEUM EVENTS AT BUTLEY PRIORY**

On 24 October 2024, local historian Edward Martin, who led a visit by the Friends of Orford Museum to the Chillesford Lodge model farm and has contributed to The Orford & District Local History Bulletin, will talk about

*The Lost Gardens of Suffolk*

Lost gardens have a strong romantic appeal – things of beauty that have been allowed to slip away from us. In this talk, an archaeologist and landscape historian will show how seemingly unimportant mounds of earth and neglected ponds can, with the help of old maps, old photographs and other documents, be brought back to life and revealed as fascinating examples of garden history, giving tantalising glimpses of long-lost design styles and aspirations from the past. This exploration of Suffolk's rich gardening heritage will include medieval castles, Tudor mansions, Georgian parks and twentieth century dreams.

*Horatio Nelson – The Making of a Hero*

On 25 November 2024, Peter Gutteridge will tell the story of Nelson's early life from his birth in 1758 in the small Norfolk village of Burnham Thorpe through to the battle of Cape St. Vincent on 14 February 1797 which established him as one of the nation's

great heroes. The talk will identify the myths from reality and seek to explain his 'Dreams of Glory'. Peter is a retired senior partner of a large law firm and now a regular speaker on naval and maritime history subjects and, in particular, Horatio Nelson. He is a long-standing member of the Nelson Society and has Masters degrees in Maritime History from Greenwich University and History from Cambridge University. His interest in Nelson was originally fostered by his grandfather, Professor H.C. Gutteridge, who was a distinguished academic and author of 'Nelson and the Neapolitan Jacobins'.

*Agincourt: The Legend of England*

On 27 January 2025, Jamie Lowther Pinkerton, Suffolk born and bred with a deep interest in its past, will come to Butley Priory to talk about the battle of Agincourt (25 October 1415), a famous English victory in the Hundred Years War during which Michael de la Pole, third Earl of Suffolk was killed. There is a legend that he is buried in a silver coffin somewhere in the grounds of Butley Priory but it has yet to be found!

All talks start at 6pm and last about an hour and a half. Tickets cost £15 for Friends of Orford Museum, £20 for guests and include a complimentary glass of wine.

To book tickets for these talks, please go to our website at [www.orfordmuseum.org.uk/events](http://www.orfordmuseum.org.uk/events) or email the Treasurer at [info@orfordmuseum.org.uk](mailto:info@orfordmuseum.org.uk)

From 27 February 2025 to 1 March 2025, we are planning to repeat our very successful History Festival with talks throughout the three days. Details of these are being finalised at the moment and full information and booking details will be published on our website and elsewhere as soon as possible.

**Elizabeth Spinney**

### **FROM THE PENINSULA PRACTICE**

Staff training is important for our practice. On the following days, surgery sites are closed from 13:00 until the following day. The specified site is open for booking future appointments and accessing repeat prescriptions.

Wednesday 23 October 2024 – Alderton • Wednesday 13 November – Aldeburgh • Wednesday 12 February – Alderton  
All calls will be redirected to 111.

### **Re-ordering prescriptions**

We recently reviewed our automotive Repeat Dispensing Service and realised that it caused more risk than benefit for reasons explained below.

We now request that patients/carers order what they need between 7-10 days before their prescription is due.

The easiest way to do this is by using the NHS App or our website (reception can provide you with login details). You can also use the paper repeat slip and drop it in to the surgery closest to you when you need to order it (7-10 days before). We do not accept emails for repeat prescription requests.

Previously patients handed back their repeat slip as soon as they collected their medications but this caused a lot of wastage (prescriptions might change but patients ordered automatically and too soon without necessarily needing everything), additional workload as many patients would come to collect and decide they didn't need some items after all, in addition to calls as patients rang to ask if their medication had been issued yet, and extra space was required to store orders too far in advance.

We have run our new system for 3 months now and already recognise a significantly improved flow to the dispensing system with consequences of less items being rejected, less waste and vastly improved efficiency within the dispensing system.

We hope you understand the rationale, which is of course same for community pharmacies who, likewise, do not accept early repeat requests for the same reasons.

**[www.thepeninsulapractice.co.uk](http://www.thepeninsulapractice.co.uk) or 01394 411641**

<https://www.facebook.com/ThePeninsulaPracticeGPSurgery/>