



**The newsletter for the community of Orford and Gedgrave**

**Issue No. 319 October 2018**

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The Council therefore holds no responsibility for its content except that submitted by and on behalf of the Council or Trust.

All copy must be received by the 24th of the month for inclusion in the following month's issue, preferably by email to:

orfordtrust@btconnect.com or put through the Town Hall letterbox

Priority for inclusion is given to articles that are about or directly affect the community of Orford and Gedgrave and inclusion is subject to editing and availability of space. Contributors should be aware that this newsletter is published on the website of Orford and Gedgrave Parish Council and the New Orford Town Trust ([www.orfordparishandtrust.onesuffolk.net](http://www.orfordparishandtrust.onesuffolk.net))

### VILLAGE FUND

The New Orford Town Trust has already made grants to several local organisations from its Village Fund. The next applications will be considered at the October meeting, and should be submitted to the Clerk by 12noon on Wednesday 10 October 2018. Please contact the Clerk for more information and an application form.

**Kara Reed**, Clerk. Tel 459172, [orfordtrust@btconnect.com](mailto:orfordtrust@btconnect.com)

### October dates for your diary

- Thursday 4 October: Gardening Club, Orford Town Hall, 7.30pm
- Friday 5 October: String Quartet concert - Orford Town Hall, 11.30am
- Wednesday 10 October: Peninsula Practice event day - Hollesley Village Hall, 2pm-5pm
- Sunday 21 October: Orford Ness Open Day for residents of the five parishes. Further details in 'The Link' magazine
- 27-29 October: Poppy Festival - Orford Methodist Church

### SEPTEMBER AT ST BARTHOLOMEW'S

Sunday 7 October – Trinity 19

8.00am Holy Eucharist – Rev D Murdoch

11.00am Holy Eucharist – Rev D Murdoch

Sunday 14 October – Trinity 20

8.00am Holy Eucharist – Rev Dr J Hare

10.30am Family Service – Mr G Marshall

Sunday 21 October – Trinity 21

8.00am Holy Eucharist – Rev D Murdoch

11.00am Holy Eucharist – Rev D Murdoch

Sunday 28 October – Last Sunday of Trinity

8.00am Holy Eucharist – Rev R Alderson

10.30am Village Service – Mrs J Maslin

**Rev. David Murdoch**

### SEPTEMBER AT ORFORD METHODIST CHURCH

Sunday 7 October 10.30am Stephen Caley – Soup & Pud

Sunday 14 October – Prisons Sunday

10.30am Service arranged locally

Sunday 21 October 10.30am Stephen Caley

3pm Cream Tea & Sing

Sunday 28 October – Bible Sunday/Poppy Festival Sunday

10.30am Rev Stephen Yelland – Communion

Sunday 4 November 10.30am Stephen Caley

*All the usual weekly events continue:*

Monday 8<sup>th</sup>, 15<sup>th</sup> & 22<sup>nd</sup> October TEA ROOM open from 12noon–4pm(ish). Lunch and afternoon tea menu available – a good selection of cards, crafts and preserves too! For Monday 29 October see Poppy Festival Notice.

NOTE: Tea Room Winter timing for November and onwards is 11am–2pm.

Wednesday Lunch served at 12.30pm AND Celebrating the 19th BIRTHDAY/ANNIVERSARY of Serving Lunch on 10 October – join us, you will be welcome, however you are advised to book!

CREAM TEA & SING SERVICE on Sunday 21 October 3pm–4pm. This is an informal service of song with cream cakes too!

A great Harvest Festival Service and Lunch was held on 16 September. The church was decorated with flowers, produce and grocery items. In the service we were reminded of the number of people involved in getting a loaf of bread to our table – *we counted at least 24!* – linking verses from John's Gospel. An old favourite hymn 'Bringing in the Sheaves' was sung. Lunch afterwards was enjoyed by all – a very happy ending to our day of praise. Tinned and packet food was donated to the East Suffolk Food Bank. Many thanks to all who supported the display and attended.

**Stephen Caley**

### ORFORD SPORTS AND RECREATION CLUB

September brought the monthly Bike nights to a close, and the last one was very well attended and supported, so we look forward to next year's gatherings.

Events coming up over the next few weeks are

- Saturday 13 October, Family Quiz Night, from 8:00 pm
- Friday 26 October, Bingo Night from 8:00 pm
- Saturday 27 October, Children's Fancy Dress at 7:30 pm, followed by Halloween Disco with the Aricho Roadshow 8 till late.
- Saturday 3 November, live music from the Random Blues Company, 8:00 pm onwards.

Many Thanks for your ongoing support.

**Mark Smy**, OSRC Secretary, tel 450358

### ORFORD NESS OPEN DAY

The National Trust will host an open day on Orford Ness on Sunday 21 October for residents of the five parishes. Further details are available in 'The Link' magazine.

## **ORFORD BONFIRE AND FIREWORKS**

Saturday 3 November, field adjacent to Mill Close. Bonfire lit at 6pm and fireworks at 7pm. Garden waste only. This year the field will be closed from 10am on the morning of the 3<sup>rd</sup>. All donations pay for next year's fireworks. No sparklers on site please.

*Nicky Ehlert*

## **ORFORD MUSEUM NEWS**

### ***Orford Museum Talk***

On Saturday 10 November 2018 there will be a talk in Orford Town Hall entitled 'M.R James' East Anglia'. The talk will be given by Dr. Richard Hoggett, a freelance heritage consultant, writer and lecturer specialising in the historic landscape of East Anglia who has already given several very enjoyable, interesting and informative talks to the Friends of Orford Museum and guests. The evening will start at 6.00pm with a complimentary glass of wine and the talk will start at 6.30pm. Entrance is £5.00 for Friends of Orford Museum and £7.00 for guests.

M.R James is best known as the writer of some of the finest ghost stories ever published and was also the foremost medieval scholar of his day with a strong academic and personal interest in East Anglia's landscape and history. This lecture examines James' East Anglian connections from his childhood in Suffolk to his involvement with excavations at St. Edmund's Abbey in Bury and looks at the influence which the region had on the development of his ghost stories.

Orford & District Local History Bulletin

Orford Museum is looking for an Editor for the Bulletin and we wonder if there is someone out there with an interest in local historical research and a knowledge of publishing and editorial work who might be interested in taking it on. At the moment the bulletin is published twice a year and Bulletin 31 will be coming out later this autumn. We intend in future to reduce this to once a year. If you think this is something that might interest you, please get in touch with:

**Elizabeth Spinney**, *Chairman, Orford Museum*  
*a.spinney43@btinternet.com, 01394 450622*

## **ORFORD FIRE STATION: THANK YOU!**

On behalf of the crew of Orford fire station I would like to thank all who contributed to our collection held on 25 August in Orford. We collected £160.33 in aid of 'The Firefighters Charity'.

**Neil Jacobs**, *Orford Fire Station, Suffolk Fire and Rescue Service*

## **GARDENING CLUB:**

### ***NEXT EVENT: Talk topic: Drought Resistant Planting***

Speaker: Ben Potterton of Blacksmiths Nursery near Diss  
Venue: Orford Town Hall, Main Hall

Date and time: Thursday 4 October 7.30 pm

Ben's talk will be particularly pertinent for 2018, it having been such a hot and dry summer. Those of you who have heard him speak before will know that he will be giving a very interesting and topical talk about the do's and don'ts of gardening in this type of environment. He will speak from his own experience in his nursery and other places he has been and share tips for us in his own amusing manner. You will be able to ask him questions.

### ***The Flower Show, Saturday 25 August***

Our stand at the show was a huge success and raised funds which will go towards our 'Bob Flowerdew Fund' when he will be speaking in November 2019! We also recruited some more new members. A huge 'thank you' is due to all the Gardening Club Committee and the many members who helped by being on the stand and/or providing produce, flowers and plants for us to sell. Also for the demonstrations of how to make newspaper flower pots and other environmentally friendly ideas for gardeners...

***Foraging for lunch at The Froize***

This event, held in early September, encouraged over 30 members to go for a foray with Vivia Bamford of The Sciapod, listen to her interesting facts and anecdotes about foraged food and eat a delicious and very sociable lunch at The Froize.

We are still offering HALF PRICE MEMBERSHIP (£7.50) for the rest of 2018!

### ***Tasters for the Autumn***

- Wednesday 10 October, afternoon Car-sharing Trip to Orchard Barn Ringshill for members only... This is a social enterprise specialising in traditional building projects, large and small. We will have a tour of their site, look at their composting, planting and sustainable vegetable beds plus tea and cake of course!
- Thursday 1 November – Colour Theory for Gardeners with Neil Ludmon and the Eric Mason Shield Competition: Photo of Autumn Colours
- Thursday 6 December AGM and Social Evening Supper! Always great fun!

Do come along to one of our events...

**Polly Sharkey**, *Chair, 01394 450959,*  
*creativefutures98@btinternet.com*

## **ORFORD AND SUDBOURNE W.I. DAY TRIP TO NORWICH**

A day out for Christmas Shopping. Thursday 15 November 2018. Pickups in Sudbourne, Orford and Snape to arrive outside John Lewis about 10.30am and depart from there at 4pm. Cost: £14.00 per person.

To book a seat contact **Louise Schofield** on 01394 450108, *louiseshofield0104@gmail.com*

## **THE PENINSULAR PRACTICE SEPTEMBER NEWSLETTER Health and Wellbeing Open Day**

We are delighted to announce that The Peninsula Practice and our PPG will be holding our third event day at Hollesley Village Hall on 10 October 2018 between 2 and 5pm. There will be:

- Interactive stands from services available to all patients:  
Healthwatch • One life Suffolk • Cruse Bereavement • Citizens Advice • St Elizabeth's Hospice • Mental Health Advice • Parkinson's Advice
- A walk-in flu clinic – Please note that no child nasal vaccines or pneumococcal vaccines will be available.
- Refreshments

*Please note no prescriptions will be available for collection at the event. Please look out for posters advertising the event.*

### Surgery Closures

Staff Meeting – Wednesday 3 October 2018, 13.30-16.00

GP Closure PM – Wednesday 10 October 2018, 13.00-18.30

## **YOGA MONDAY EVENING**

Weekly yoga at Bart's Hall, Broad Street, IP12 2LG. 6.30pm. £5 drop in, just turn up, no need to book. Fitness and fun oriented, suitable for all levels and ages, from newbies to experienced yogis. Anyone with movement restrictions or recovering from injury welcome too as there are lots of pose options. An inclusive, non-competitive class with simple guided breathing techniques to relax you. More info on [www.yogboutiqueuk.com](http://www.yogboutiqueuk.com) or email [jennymackenzieuk@gmail.com](mailto:jennymackenzieuk@gmail.com).

All welcome, see you there!

**Jenny Mackenzie**

## **PAINTING LESSONS**

Over the Summer I have been asked by several people whether I would give lessons in oil painting this Winter, and yes, I would be delighted. My thoughts are that it would be between New Year and Easter and would be one-on-one instruction in my studio in Mundays Lane.

Should anyone be interested, please contact me by email, [jeremyruggeprice@me.com](mailto:jeremyruggeprice@me.com), and we will discuss it further as the instruction would need to be tailored to suit each individual.

**Jeremy Rugge-Price**

## OCTOBER AT THE KING'S HEAD

What a busy summer it has been at The King's Head with lots of entertainment for all, and we are not stopping there, as we have an action-packed Autumn ahead.

September saw our normal diverse programme with the Quiz Night on the 2<sup>nd</sup>, won by Simon and Sue Hunt; Live Music from Lizard on a Bottle on the 7<sup>th</sup>, and on the 28<sup>th</sup> Steven Lay Open Mic Night performed to its normal high standard with a broad mix of acts. Add to this the experts from Slate Cheese and Adnams Cellar and Kitchen presenting another great Cheese and Wine-tasting Evening. In addition, we were pleased to host Paul and Mark for the singing of traditional songs to extend the celebration of the wedding of Stuart and Zoe Moss.

October has a full schedule ahead with an equally if not more diverse programme of events:

*Sunday 7 October* – Quiz Night – starts at 8pm and only £1 per head to enter. Winning team scoops the pot and gets to set the next quiz.

*Sunday 14 October* – Hay Hay Kitchen Take Over – as part of the Aldeburgh Food and Drink Festival this Fringe Event sees Nina Simone and Hay Hay take over our kitchen for one night to produce the most amazing Eastern Mediterranean inspired food. Tickets are only £35 and pre-booking is essential.

*Thursday 18 October* – 'Horses Horses' by Wassail Theatre Company – is Pie, Play and Pud. So you come along and have a pie, then the play is performed and you then have your pudding. 'Horses Horses' is a (fictional) satirical comedy about a struggling pub landlord, whose wife leaves him after he sells her horse and all the things he does to keep the pub going. Tickets are only £20 per head and include your food. It is the only chance to see the production in this part of Suffolk. Pre-booking is essential as spaces are limited.

*Saturday 20 October* – Live Music – the return of the ever-popular Steve Boyce playing solo. If you haven't seen Steve play before come along and see the fantastic guitar work by this seasoned entertainer.

*Friday 26 October* – Steven Lay Open Mic Night starts at 9pm. Great fun evening to either just listen or get up take part. Very popular evening.

If you want to book any of the above events please email us or phone 01394 450271. Also, please note that weekends are very busy for food at lunch and evening so if you want to come along please call and book a table to avoid disappointment.

Never a dull moment at The King's Head, and thanks to everyone who supports the activities or just comes along to use the pub.

**Ian & Suzanne Ballantine**, [thekingsheadorford@gmail.com](mailto:thekingsheadorford@gmail.com)

## ORFORD CRAFT CENTRE

We hope that you have enjoyed your visits to Orford Craft Centre and the exhibitions we have held in The Old Hayloft. Our ever-changing range of products continues to grow, with local Suffolk producers supplying a wide range of items. Many of the craftworkers are based in the village or the local environs. Tre and Daphne work hard alongside them to ensure that the range stays fresh and covers a spectrum of tastes and pricing. Open daily from 10am until 4pm from Tuesday through to Sunday.

Do you have a Christmas shopping trip planned? Some of the Christmas range arrives at the beginning of October so be sure to call in and see if we have the perfect gift for your needs.

*Exhibitions in The Old Hayloft continue:*

*Until mid-October* – 'New Beginning' by Chris Newson.

Chris was born in Saxmundham and is based at his gallery in Leiston. Chris paints mainly in oils and is influenced by his friend and mentor Maggi Hambling. Since 2007 Chris has had several local exhibitions and we are delighted to host this collection.

*End of October* – Simon Turner.

Based in Yoxford, Simon uses mainly the media of acrylic and wood to produce stunning sea and landscapes, inspired by the Suffolk Coast. Having exhibited and other galleries locally we are excited to show his works.

*Workshops in The Old Hayloft:*

*EJR Ceramics – Clay Workshops*

Emma was the first to have workshops in The Old Hayloft and the popularity is such that she has extended to two dates per month. 2<sup>nd</sup> Friday of each month 10.00 to 13.00 and 4<sup>th</sup> Thursday of each month 14.30 to 17.30. Call in to book your space and make your own work of art.

*White Cottage Candles – Candle Making Workshop*

Sian Adger brings her skills along to help you craft candles. This is an all-day course 10.30 to 15.00 on Thursday, 8<sup>th</sup> November. Limited spaces to call in to book.

With lots to view, lots to get involved in and lots to purchase – call in to Orford Craft Centre. You never know it might make that Christmas shopping a little easier – and you could even craft the gifts yourself.

**Ian & Suzanne Ballantine**, [orfordcraftcentre@gmail.com](mailto:orfordcraftcentre@gmail.com)

## CHAMBER MUSIC CONCERTS AT ORFORD TOWN HALL

I'd like to draw your attention to an exciting new series of chamber music concerts featuring outstanding professional musicians in Orford's beautiful Town Hall. Join us once a month this Autumn on Friday lunchtimes and enjoy superb performances of some of the greatest classical music. The performers have worked with the finest orchestras in the country: English Chamber Orchestra, Royal Philharmonic Orchestra, London Symphony Orchestra, Philharmonia Orchestra, Academy of St Martin in the Fields to name but a few. Why go to the Wigmore Hall when it's here on your doorstep!

*Dates for your diary:*

Fridays from 11.30am–12.30pm

5 October – The Amaryllis Quartet – Britten and Brahms

2 November – The Ward Quartet – Haydn and Shostakovich

7 December – The Anime Trio – Music for flute, viola & harp

Tickets: £10

**Wendy Gudgin** E-mail: [gudginw@gmail.com](mailto:gudginw@gmail.com) Tel: 07903 269520

## THE ARMED MAN: CONCERT TO MARK THE END OF WORLD WAR I

Aldeburgh Music Club Choir performs *The Armed Man* by Karl Jenkins at Snape Maltings on Saturday 24 November to commemorate the armistice centenary.

*The Armed Man: A Mass for Peace* was commissioned by the Royal Armouries for its millennium celebrations and dedicated to victims of the Kosovo crisis. An emotive and essentially anti-war work, the Mass has added relevance and poignancy in 2018 – evidenced by the number of scheduled performances worldwide. Another dimension will be added by the inclusion of *The Armed Man* film as part of the performance.

The programme also includes Butterworth's *The Banks of Green Willow*, Vaughan Williams' *Lord, Thou Hast Been Our Refuge*, the 'Pie Jesu' and 'In Paradisum' from Fauré's Requiem and 'Nimrod' from Elgar's *Enigma Variations*.

Aldeburgh Music Club Choir performs with the Prometheus Orchestra under the baton of Edmond Fivet, the Club's Music Director. Aldeburgh Music Club are delighted to be arranging the concert in association with the Suffolk Branch of SSAFA (The Armed Forces Charity) for whom there will be a retiring collection at the end of the concert.

Tickets priced £18, £22 and £25 (students half price) are available now from Snape Maltings Box Office on 01728 687110 or via the club's website [www.aldeburghmusic.club](http://www.aldeburghmusic.club)

Date: 24 November 2018, at 7.30 pm, Snape Maltings Concert Hall

**Veronica Posford, Vice Chair, Aldeburgh Music Club**

## SPOONS AT THE READY FOR PUDDING PARADISE

The Hearing Care Centre invite you to join them for a night of pudding paradise and their very popular 'Pudding Club' evening returns in for a one-off special at The Froize Inn, Chillesford. The event which is being held on Thursday 25 October (7pm), will not

only allow guests, but positively encourage them to sample every dessert on the menu, at the same time helping to raise money for Hearing Dogs for Deaf People.

The Hearing Care Centre, which looks after peoples hearing from 25 centres across East Anglia, has committed to raising £20,000 for the charity to celebrate their 20 years in business. Hearing Dogs delivers specialist training for dogs which provides invaluable emotional support and gives many deaf people confidence, independence and constant companionship - which totally transforms lives.

On the night guests will enjoy a selection of Suffolk tapas, followed by the array of homemade desserts. Entertainment will also be provided in the form of foodie competitions and a big prize draw will give those in attendance time to digest between tasters to ensure maximum samples are enjoyed by all.

Tickets are excellent value, priced at just £20pp. Tables are limited, so book as soon as you can on 01473 230330 or online at [www.hearingcarecentre.co.uk/puddings](http://www.hearingcarecentre.co.uk/puddings)

**Matthew Coward (Marketing Manager)**

### THE GREAT GARDEN TRAIL 2019

From Spring to Summer 2019, gardens across Suffolk will be opening to the public to raise money for St Elizabeth Hospice. In 2018, the Great Garden Trail raised a staggering £28,000 and we aim to capitalise on that success in 2019. We are seeking gardens of all shapes and sizes to contribute to the programme and welcome individual open gardens; however, village events of 5-10 gardens are usually a great success. All gardeners receive free entry to all other participating gardens; an invitation to a post-trail thank you event; collection buckets, posters, flyers and roadside boards; advertising in local papers, radio and online, as well as trail maps; and a supporter pack containing ideas for marketing and maximising your fundraising.

An information evening for anyone who is interested is being held on Wednesday, 3<sup>rd</sup> October 2018 from 6pm until 8.30pm at St Elizabeth Hospice in Ipswich.

# Christmas Table Centrepiece Course Orford Church with Teresa Cook

Thursday 13<sup>th</sup> December  
3.30pm - 5.30pm  
£15 including refreshments  
Limited places so book early  
Booking 01394450276  
contact@tmef.org.uk

Proceeds to Thomas Marshall Education Fund



## POPPY FESTIVAL & EXHIBITION

A Celebration of the 100-year end of the Great War

### ORFORD METHODIST CHURCH

27th - 28th - 29th October  
Exhibition & Tea Room Open

Saturday 10.30am-4pm  
Sunday 1pm-4pm  
Monday 10.30am-4pm  
(Sunday Morning Worship 10.30am)

Tea Room Serving Morning Coffee,  
Light Lunches & Afternoon Tea

Proceeds of knitted poppies and donations to  
The Royal British Legion & Help for Heroes



# The Honour Run Rendlesham Forest



## 5K & 10K ROUTES 21 OCTOBER 2018 ENTRY FEE £15

TO ENTER [www.eastsuffolk.gov.uk/honour-run](http://www.eastsuffolk.gov.uk/honour-run)  
5K start time 11am, 10k start time 10am

IN SUPPORT OF  
THE ROYAL BRITISH LEGION  
Charity No: 219279



100% profits go to The Royal British Legion's Suffolk Poppy Appeal