



The newsletter for the community of Orford and Gedgrave

Issue No. 328 July 2019

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All copy must be received by the 24th of the month for inclusion in the following month's issue, preferably by email to:

orfordtrust@btconnect.com or put through the Town Hall letterbox

Priority for inclusion is given to articles that are about or directly affect the community of Orford and Gedgrave and inclusion is subject to editing and availability of space. Contributors should be aware that this newsletter is published on the website of Orford and Gedgrave Parish Council and the New Orford Town Trust (www.orfordparishandtrust.onesuffolk.net)

JULY AT ST BARTHOLOMEW'S

Sunday 7 July: Trinity 3

8.00am Holy Eucharist – Rev D Murdoch

11.00am Holy Eucharist – Rev D Murdoch

Sunday 14 July: Trinity 4

8.00am Holy Eucharist – Rev S Affleck

10.30am Family Service – Mr G Marshall

Sunday 21 July: Trinity 5

8.00am Holy Eucharist – Rev D Murdoch

11.00am Holy Eucharist – Rev D Murdoch

Sunday 28 July: Trinity 6

8.00am Holy Eucharist – Rev R Alderson

10.30am Village Service – Mrs J Maslin

Rev. David Murdoch

SERVICES AT ORFORD METHODIST CHURCH

July

Sunday 7 July 10.30am Stephen Caley – with lunch provided

Sunday 14 July 10.30am Service led locally

Sunday 21 July 10.30am Stephen Caley
5pm Informal TEA TABLE SERVICE

Sunday 28 July 10.30am Rev. Martin Dawes – Communion

August

Sunday 4 August 10.30am Rev. Stephen Yelland with lunch provided

6pm ANNUAL QUAY SERVICE

Sunday 11 August 10.30am Service led locally

Sunday 18 August 10.30am Stephen Caley

Sunday 25 August 10.30am Rev. Martin Dawes – Communion

CHAPEL TEA ROOM open as usual throughout the summer – every Monday 12noon–4pm

WEDNESDAY LUNCH served at 12.30pm – there is likely to be a couple of summer weeks off from this weekly event – details announced locally and later.

Welcome to the TEA TABLE SERVICE on Sunday 21 July at 5pm – great fellowship, singing and food – all as expected!

Stephen Caley

31st ANNUAL QUAY SERVICE, 6PM SUNDAY 4 AUGUST

Preacher: Rev. Derek Grimshaw. This year we support the RNLI Aldeburgh Boat. We hope for an evening of fine weather – if not the service will be held in the Methodist Church. Refreshments follow the service at the Methodist Church. Just in case, come prepared for a chilly breeze!

Stephen Caley

July dates for your diary

Each Saturday: Orford Country Market - Orford Town Hall, 9.30am-1pm

- Friday 5 July: Citizens Advice session - Alderton Health Centre, 10am-12noon
- Friday 5 July: Mobile Library at Barons Meadow (2.10pm-2.30pm) and Market Hill, Orford (2.35pm-3.50pm)
- Sunday 7 July: Concert at St Bartholomew's Church - 4pm
- Monday 8 July: Recreation Ground Charity AGM - Recreation Ground Pavilion, 7pm
- Wednesday 10 July: Orford and District Gardening Club trip to RHS Hyde Hall - leaving Orford at 9am
- Friday 12 July: Orford Quintet Concert - Orford Town Hall, 12noon
- Friday 26 July: Peninsula Practice public consultation meeting - Hollesley Village Hall, 6.30pm-7.30pm

ORFORD SPORTS AND RECREATION CLUB

As well as the usual club nights on Monday and Friday evenings from 8.30pm (pool, snooker, darts, Wi-Fi, table tennis, bar, TV), the events for this month and beyond are...

- Thursday 11 July, Bike Meet Night from 6pm, burger and chips plus bar available (bike not essential)
- Saturday 13 July, End of Term Disco, 6pm till 9pm (bar will be open, for parents!)
- Saturday 20 July, Steve Richardson Memorial Darts Night, 7pm onwards
- Thursday 8 August, Bike Meet Night (details as before).
- Saturday 17 August, live music 'Colour Blind Hedgehogs', 8 till late.

Mark Smy, OSRC Secretary, tel 450358

ORFORD RECREATION GROUND CHARITY

The AGM of the Orford Recreation Ground Charity will take place on Monday 8 July at 7pm in the Recreation Ground Pavilion. Everyone is welcome.

Anne Macro, Chairman, Orford Recreation Ground Charity

TOMBOLA – ORFORD, SUDBOURNE and GEDGRAVE FLOWER SHOW

Once again, we are approaching that time of year when the sun always shines! Please be aware that there will be people collecting in late July, early/mid-August for the Tombola so any offerings will be appreciated. And if you would like to help this year, particularly in the areas of Town Farm Estate, Peacocks Pyghtle,

Mundays Lane and Sudbourne I would love to hear from you. It would only take an hour or so of your time on a date and at a time to suit you. Obviously if you would like to collect in another area that would be good as well. Many thanks.

Mike Sharkey, 01394 450959

ORFORD AND DISTRICT GARDENING CLUB

Our next open event: day-long coach trip to RHS Hyde Hall

Tour: 1 hour with RHS Guide then wandering according to your interests

Venue: RHS Hyde Hall, Chelmsford

Date and time: Wednesday 10 July leaving Orford 9am with pick ups at Sudbourne and Snape

Cost: £25 for members, plus £7.50 for half year membership of the Gardening Club for non-members

Includes: Entry, refreshments on arrival, tour and coach

Come and explore this wonderful garden with us...

Join us in the iconic Dry Garden, the recently renovated Robinson and Woodland Gardens and the Hilltop Garden and so much more...

Garden Party Success

Over 40 members and guests came to enjoy the delightful garden of Anne and Geoffrey Smeed who kindly allowed us to hold this year's Garden Party in their garden. We wandered at their irises, box hedges, the Pineapple Broom, the pergola with its dangling Wisteria, and the gravel garden to mention but a few of the features. Certainly a plants person's garden if ever there was one!

Members of the Committee and their husbands worked very hard in setting everything up, selling plants including many donated by members and serving teas and refreshments also provided by members. The raffle was very successful, along with plant sales, in raising additional funds towards our Bob Flowerdew 'No Work Gardening' Afternoon in November.

PLEASE SIGN UP NOW for membership @ half price for the remainder of the calendar year @ £7.50 and come to our events

Events still to come in 2019...

Flower Show: Saturday 24 August, afternoon, The Gardening Club stall – come and meet us and our members and buy plants too.

Ladybird Nursery visit: Wednesday 4 September afternoon plus tea or Thursday 5 September evening plus supper.

Clare Gardens 'the best in Suffolk' visit: Wednesday afternoon, 25 September, bulbs for sale and teas.

Making the most of Autumn – late perennials planting: Thursday evening 7.30pm, 3 October, surprises for spring and preparing for winter – Susie, Owner of Katie's Garden Ipswich.

Bob Flowerdew 'No Work Gardening': Saturday afternoon 3pm, 9 November, Members tickets @ £7.50 via the Gardening Club and non-members from Orford Craft Centre @ £12.50

We hope to see you soon...

Polly Sharkey, creativefutures98@btinternet.com,
01394 450959

THE PENINSULA PRACTICE JULY NEWSLETTER

Dr Fiona Hobday will be leaving The Peninsula Practice on 13 September 2019. We would like to thank her for her dedication to the practice and wish her all the best for the future.

We are currently in the process of recruiting a GP to replace Dr Hobday's sessions and will keep our patients informed of these changes. Dr Crockett will continue as clinical partner together with Dr Nanayakkara, Dr Noone and a new GP, with the rest of our team to continue to provide a strong, sustainable and excellent service.

GP & STAFF MEETING CLOSURE DATES:

Staff Meeting: Wednesday 3 July 13.30-16.00 (phone calls accepted during this period)

The surgery will be closed on Thursday 18 July at 13.00 for training.

Please contact NHS 111 when the Surgery is closed.

Peninsula Practice needs to grow

Across the country GP surgeries are facing increasing challenges in maintaining the quality of NHS services they provide. The Peninsula Practice has always been forward planning and in order to maintain a strong and sustainable service, we want to be pro-active in order to safeguard the outstanding service we provide to you.

With this in mind we are taking the opportunity to expand our practice area to Aldeburgh in 2020*.

Aldeburgh Surgery (Church Farm) are in consultations with Peninsula Practice to join as one larger Practice who will provide a full service to the whole population under the name of The Peninsula Practice. There are no current plans to close any of the surgeries/ branch sites.

The intention is to embrace the qualities of both The Peninsula and Aldeburgh GP surgeries, combine the services offered, share the skills and expertise of all staff across all sites, ensure capacity of staff, and journey together with all our patients to provide a safe, effective, responsive and well led service.

We would like to reassure you that this is a positive and exciting opportunity with the driving motivation being the development of a robust, resilient and sustainable service, and at its core a compassionate provider of patient centred care.

We invite your comments on this proposal as we go out to public consultation during July and August 2019 and would be happy to receive them by the following means:

Email directly to Peninsula Practice: iesccg.Peninsula-Practice@nhs.net Via our Peninsula Patient Participation Group (PPG): peninsulapracticeppg@gmail.com

In person at Aldeburgh Church hall: There will be a public consultation meeting on Thursday 25 July at Aldeburgh Church Hall, 18.30-19.30. All are welcome.

In person at Hollesley Village Hall: There will be a public consultation meeting on Friday 26 July at Hollesley Village hall, 18.30-19.30. All are welcome.

In writing to The Peninsula Practice.

* This proposal is subject to formal approval by the commissioners at clinical commissioning Group and NHS England.

Dr Lindsey Crockett, Dr Simon Ball, Dr Alison Jones and Linda Deabill

CITIZENS ADVICE

Citizens Advice offer a free monthly advice session at Alderton Health Centre for local residents, the next dates for the sessions are Friday 5 July, and Friday 2 August 10.00-12.00.

If you cannot attend any of these sessions in person, advice is also available from Citizens Advice Leiston phone: 01728 832193 or email: supervisor@leistoncab.cabnet.org.uk or contact our national Advice service 0300 330 1151 or online at www.citizensadvice.org.uk

SUFFOLK MOBILE LIBRARY

The mobile library comes to Orford every four weeks. It parks up at Barons Meadow from 2.10pm-2.30pm and in the Market Square from 2.35pm-3.50pm. Dates for this year are as follows:

Friday 5 July, Friday 2 August, Friday 30 August, Friday 27 September, Friday 25 October, Friday 22 November, Friday, 20 December

RNLI COLLECTIONS IN ORFORD ON SATURDAY 3 AUGUST 2019

After our successful collection in Orford for the Aldeburgh RNLI in 2018, I am planning to repeat this event on Saturday

3 August. Last year we collected outside the Town Hall, Pump Street Bakery, Orford Stores and on the Quay. If anyone would be willing to do an hour's stint for me I would be very grateful if you could either email me on: dianampaterson@btinternet.com or telephone 01394 450771.
Diana Grayburn

ORFORD SUMMER TENNIS TOURNAMENTS 2019

LADIES DOUBLES TOURNAMENT: Monday 12 August at 9am.
No need to have a partner as they will be drawn on the day. Cost will be £3.

MIXED DOUBLES TOURNAMENT: Wednesday 15 August at 4pm.
£5 per couple.

Please let me know by 9 August if you would like to play.

Diana Grayburn, 01394 450771,
dianampaterson@btinternet.com

PUMP STREET BAKERY

We want to thank the community for their support over the past month with our refurbishment. We've had such a positive response since the refit and it's been great hearing everyone's feedback. We would like to let you all know we've also added a water filling station in the courtyard. It's open always for everyone to use so please feel free to use it - tell your friends, neighbours and customers.

We would also like to thank everyone for their interest in what's happening in the old antiques shop. It was incredibly successful as our temporary shop and we look forward to opening it as a chocolate shop in July. We will put a poster up in the window with further details when we have them.

Joanna and Chris Brennan

CONCERT AT ST. BARTHOLOMEW'S CHURCH

Sunday 7 July at 4pm

Join members of Aldeburgh Young Musicians and the National Youth Orchestra for an afternoon concert of chamber music, in aid of the Orford Church Organ Fund. Programme includes: Telemann: Trio Sonata No 11 and Canonic Duo No 3, Stravinsky: Three Pieces for String Quartet, Bartók: violin duets, Köhler: Concert Duet, Fauré: Piano Quartet in C Minor and *Cantique de Jean Racine* (arr. for flute, violin and piano), Brahms: String Quartet no. 1.

Tickets are £6, or free for under 12s.

Enquiries to **Jacki Maslin**, 01394 450799

CHRISTMAS BAZAAR AT ST BARTHOLOMEW'S CHURCH

Oh No! I hear you say! I know it is a bit early to be mentioning Christmas but I shall be running the puzzle stall at the Christmas bazaar at St Bartholomew's Church, raising funds for both the Church and The Thomas Marshall fund. I would like to ask everyone to keep hold of any puzzles you are finished with for donation to the stall so I will have plenty of stock for selling. Please ensure they are complete when donating them to avoid disappointment for the buyer. I will be putting a reminder out around October with details of where you can drop them off so I can sort them before the bazaar. Thank you all kindly.

Sheila Stoker

LOCAL ART EXHIBITION – A date for your diary

The Sandlings Art Group will hold its fourth annual exhibition on Saturday 17 August and Sunday 18 August 2019 from 10am to 5pm at Orford Town Hall. On display will be examples of the year's work by the Group, which draws its members from across the Peninsula. Many works are for sale, and range from local landscapes to still life and portraiture. We look forward to welcoming you.

The Sandlings Art Group is always open to new members, and meets every Tuesday from 10am to 12.30pm at the Village

Hall in Sudbourne. For more information contact Jean Dean on 01394 459459 or email jean@buttonbarn.co.uk

Jean Dean

SOUNDS OF THE NESS

In Orford Ness: A Post-Apocalyptic Walk – an episode of BBC Radio 3's Slow Radio series, broadcast last month – composer Iain Chambers takes a sound recording field trip around Orford Ness. Iain writes, 'Today, Orford Ness gives an insight into what a post-apocalyptic built environment might look and sound like. Air ducts once used to ventilate missile laboratories now burst open, exposing the packed nests of roosting birds. This programme takes listeners into buildings that are otherwise out of bounds, revealing the abundant wildlife now ruling the roost in the bomb ballistics buildings – we hear seagulls "playing" the buildings with their cries; bees and skylarks; baby jackdaws duetting with the crunch of gravel footsteps; external metal stairwells transformed into aeolian harps: giant wind chimes peacefully intoning their pentatonic melodies towards the slow-moving vessels on the horizon.' The programme can be heard at <https://bbc.in/2F1mX13>, and a podcast version is also available for download.

Graeme Kay

SUFFOLK DAY CELEBRATIONS 2019

Thank you to everyone who came along to the event and we hope you enjoyed the evening.

Special thanks to all of the Music Stage Sponsors (MBD Interiors, Pinney's of Orford, The Crown & Castle, Pump Street Bakery and Coastal Properties) for their support which brought great music from Peter Hepworth, Elly Tree and Joe G, followed by Lizard in a Bottle (sponsored by The King's Head). Huge thanks to all those stall holders who attended and made for such a great evening. As many of you know this was the third year of the event and I regret to advise you that I will be stepping down from organising other days but hope another willing volunteer will stick their hand up to take over. Rest assured I will provide as much assistance as I can to that willing soul. Many thanks to all those who have helped and participated over the past 3 years and I hope that it at the least provided some good entertainment for those evenings.

Ian Ballantine

JULY AT THE KING'S HEAD

All set for the swing of summer with Pebble Piazza in good use for sun, relaxing, drinking and eating. What a nice way to spend a few hours. Busy old things we were in June with the Picnic at the Lighthouse, Suffolk Day Celebrations, Cricket against Thorpeness and Steven Lay's Open Mic Night. All fantastic events and very well supported.

Planned for July are the following:

Saturday 13 July – Live Music – Steve & Greta – 9pm

Making their debut appearance at the King's this duo bring years of experience playing all genres of music over the past few decades. So bring your dancing shoes and get ready to boogie, jive, rock, whatever the night away.

Sunday 14 July – Quiz Night – 8pm

With the Two Dogs setting questions to tease your taste buds – there is no better time to come along and test your knowledge. £1 per head to enter, maximum of 8 in a team, winners take the cash pot and get to set the next quiz.

Saturday 20 July – CLOSED – Private Function

Apologies for any inconvenience.

Tuesday 23 July – Cricket vs Thorpeness – 6pm

After an entertaining evening of sporting heroics in June we return to Sudbourne Hall to play our friends from Thorpeness in the return leg. The normal endeavours and amusement

awaits. If you are interested in playing please let Barry Keen, Stuart Moss or the pub know.

Friday 26 July – Live Music – Steven Lay Open Mic Night – 9pm

Musical mayhem brilliantly orchestrated by Steven provides the entertainment for the night. Want to take part – just turn up and let Steven know. Otherwise just come along and be bedazzled by the talents of others.

Sunday 28 July – Live Music – Elly Tree – 4pm

A chilled-out Sunday afternoon, hopefully in the sunny on the piazza. Listen to Helen and her friends playing a broad spectrum of music whilst supping a glass or two of liquid refreshment.

So that takes care of July's activities. Don't worry, we have much more planned for later in the year.

We have a few personnel changes. Sadly, after over 4 years with us Hannah is hanging up her barmaid's apron. Holding down a full-time job and working Saturdays has taken its toll and she is off to enjoy more spare time. Suzanne and I will miss having her around and thank her for all the hard work she has put into the business. Let's hope she comes back to see us all from time to time. Another leaving us is Abbie who has taken the giant step across the Market Square to work on the other side for The Crown & Castle. The good news is that we have a new Front of House Manager, Jess. If you haven't met her yet be sure to call in and say hello. Jess brings with her a wealth of experience and a fantastic approach to the hospitality industry.

If you are planning on coming in to eat with us be sure to call and reserve a table as we are getting extremely busy. Call 01394 450271 or email us thekingsheadorford@gmail.com

Keep enjoying the summer and we look forward to welcoming you all to the pub.

Ian & Suzanne Ballantine

thekingsheadorford@gmail.com

ALDE & ORE ESTUARY PARTNERSHIP UPDATE

The East Suffolk Internal Drainage Board (ESIDB) as the Risk Management Authority, will be submitting the draft business case for Snape (both village and Snape Maltings), Aldeburgh and Iken to the Environment Agency imminently. This is the first stage in applying for consents to upgrade the river walls. In readiness for the delivery phase, the Partnership is discussing a governance restructure of the committees as the ESIDB will be project managing the delivery of the upgrade. A Key Stakeholder Group has been set up with representatives from all parish councils in the Alde and Ore Estuary boundary and local businesses will be asked to attend via their Business Associations. This is a crucial group acting as the communications between the community and a new Strategic Board. These new arrangements will be discussed by the Partnership and the Key Stakeholder Group and will be

published and placed on the web site when they are finally agreed.

Amanda Bettinson

CHILLESFORD SWIMMING POOL

Summer opening times from 3 July. In anticipation of a fantastic summer with temperatures soaring and the long lazy days of school holidays beckoning – Open Swim sessions at Chillesford Lodge swimming pool are extended to include Wednesday, Thursday, Friday Saturday and Sunday afternoons from 1pm-6pm. Holiday makers/tourists welcome. To book please contact 01394 450555, email chillesford@tiscali.co.uk

Price £5 per swimmer per 30 minutes, max 8 swimmers. Terms apply: minimum charge £15 per half hour. Please see website for details www.chillesfordlodgeestate.co.uk

Ali Watson

SUMMER THEATRE IN SOUTHWOLD, 10 July-31 August 2019

Summer theatre returns to the Southwold Arts Centre this year under new ownership. Matthew Townshend has taken over under the new brand of 'Theatre on the Coast'. Shows include Patrick Marlowe's *The End of the Line*, *A Bunch of Amateurs* by Ian Hislop and Nick Newman, Debbie Isitt's *The Woman who Cooked her Husband*, finishing with *Hobson's Choice* by Harold Brighouse. Find out more at www.mtproductions.co.uk

Tickets available here <http://totc.co.uk>

A SUMMER OF STORYTELLING AT THE LONGSHED, WOODBRIDGE

Stories of rivers, seas and voyages will captivate audiences at a series of workshops in Woodbridge this summer. Woodbridge Riverside Trust has arranged professional storytellers to run 10 one-hour workshops for families during the school holidays. Professional performer Justine de Mierre will run six workshops on Tuesday afternoons in July and August bringing both local legends and international tales to life. Audiences can expect stories including a wildman from Orford, river dragons from China and piratical skulduggery from Italy. She will also perform some 'extreme storytelling' where she improvises a brand-new story on the spot from audience suggestions.

Playwright and screenwriter Peppy Barlow and Rosie Walker, live interpretation officer at Gressenhall Farm Museum of Norfolk Life, will run four workshops at the end of August ranging from stories about the River Deben to the Odyssey and brand new tales. The sessions, which are being sponsored by Suffolk Cottage Holidays and The Arts Society Woodbridge, will be held in the John Gibbins Gallery at the Longshed with audience numbers of no more than 40 people. Tickets will cost no more than £3 with dates and times to be confirmed.

Visit www.woodbridgeriversidetrust.org/events to book from 1 July.



Photo by Maria Brenchley