



The newsletter for the community of Orford and Gedgrave

Issue No. 365 August 2022

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Although published and funded by Orford and Gedgrave Parish Council and New Orford Town Trust, Village Voice is totally unbiased in its reporting.

The Council therefore holds no responsibility for its content except that submitted by and on behalf of the Council or Trust.

All copy must be received by midday on Thursday 18 August, preferably by email to:

orfordtrust@btconnect.com or put through the Town Hall letterbox

Priority for inclusion is given to articles that are about or directly affect the community of Orford and Gedgrave and inclusion is subject to editing and availability of space. Contributors should be aware that this newsletter is published on the website of Orford and Gedgrave Parish Council and the New Orford Town Trust (www.orfordparishandtrust.onesuffolk.net)

COPY DEADLINE FOR THE SEPTEMBER ISSUE OF VILLAGE VOICE IS MIDDAY ON THURSDAY 18 AUGUST

ORFORD AND GEDGRAVE PARISH COUNCIL ANNOUNCEMENTS Vacancy

There is currently one vacancy for a Councillor to represent Orford on the Parish Council. This vacancy is a **voluntary role** and will be filled by co-option at the monthly Parish Council meeting, to be held on Wednesday 14 September 2022.

Anyone wishing to be considered for this vacancy should write a letter to the Clerk to arrive before noon on Tuesday 13 September 2022. Applicants must be 18 years of age or over and have had their main residence or place of work in Orford, or within 3 miles of Orford, for the past 12 months. The Parish Council as a body also acts as the Trustee for the New Orford Town Trust.

If you wish to discuss details of the role of a Parish Councillor, please contact me at the office.

Village Events Committee – It has been suggested that a village events committee should be started to assist with any events such as the Suffolk Day. This could consist of some Parish Councillors as well as community representatives. This would be a great way of combining ideas and coming up with some new ones. If anyone would be interested in joining, please contact me.

The Village Feast is going ahead on the evening of Saturday 27 August 2022, in the Market Square. There will be an outside bar, live music and BBQ. The band, Flaming Cheek, will start to play at 7pm and finish at 10pm. The bar and BBQ will be selling from 6.30pm. If you would like to bring your own picnic, please feel free. A fun evening should be had by all.

Marie Backhouse, Clerk to Orford and Gedgrave Parish Council,
459172, orfordtownhall@btconnect.com

AUGUST AT ST BARTHOLOMEW'S

During the month of August Holy Communion services will be held in *each* of the Orford cluster churches in turn, giving congregations the opportunity to travel and support the other churches in our cluster.

Dates times and service locations are as follows:

Sunday 31 July	11am, Fifth Sunday Cluster HC at Tunstall - Revd Giles
Sunday 7 August	11am, HC at Butley - Revd Kevan
Sunday 14 August	9.30am, HC at Iken - Revd Robin
Sunday 21 August	9.30am, HC at Orford - Revd Brian
Sunday 28 August	9.30am, HC Sudbourne - Revd Giles & 9.30am HC at Chillesford - Revd Robin

A church near you website www.achurchnearyou.com provides details of all church services and events in the local area. For further information contact the Team Rector: Rev Giles Tulk 01394 450610

Events in Church in August and onwards

Date for your diary: Sunday 28 August at 3pm, Teddy Bear's parachute jump

August dates for your diary

- Each Monday: badminton - *restarts in September*
- Each Monday (except bank holidays): Coffee and Chat - Orford Sports and Recreation Club, 1-3pm
- Each Wednesday: chair pilates - Orford Sports and Recreation Club, 11am-12noon
- Each Monday and Wednesday: Methodist Chapel tea room, serving lunch, 11am-2pm
- Each Wednesday: badminton - *restarts in September*
- Each Saturday: Orford Country Market - Orford Town Hall, 9.30am-1pm

- Saturday 6 August: Fumble in the Jumble - St Bartholomew's Church, 10am-2pm
- Sunday 7 August: Prometheus Recital - Orford Town Hall, 4pm
- Sunday 7 August: Annual Quay Service - Orford Quay, 6pm
- Tuesday 23 August: ladies doubles tennis tournament, 9.30am
- Wednesday 24 August: mixed doubles tennis tournament, 4pm (see further details about the tournaments on page 2)
- Saturday 27 August: Orford, Sudbourne & Gedgrave Flower Show - Orford Recreation Ground, 1.30pm
- Saturday 27 August: Village Feast - Market Square, evening
- Sunday 28 August: Teddy Bear's parachute jump - St Bartholomew's Church, 3pm

Brave teddies will once again be parachuting from the Church Tower in aid of church funds. Parachutes provided but you should feel free to design and make your own! Homemade cakes and tea will be served.

Ride and Stride Event, Saturday 10 September

This is a nationwide event raising money for our beautiful historic churches seeing how many churches you can visit on foot or by bike in one day. Last year the Suffolk Historic Churches Trust raised over £205,000. If you would like to join in, you will find details and sponsorship forms in the church or online <https://shct.org.uk/ride-and-stride>

Please note there is a wedding in St Bartholomew's on Saturday 10 September at 1pm so please look out for our outside 'sign in' and refreshment table which will be situated round the back of the church.

Revd Giles Tulk

AUGUST AT ORFORD METHODIST CHURCH

Minister from 1 September: Rev. Saul Tadzashu

Services for August:

Sunday 7 August	10.30am an AGAPE Service**
	6pm Annual Quay Service
Sunday 14 August	10.30am Service to be led locally

Sunday 21 August 10.30am Angus Armstrong-Smythe
Sunday 28 August 10.30am Stephen Caley
Children stay in church for the service with participation. Refreshments are served afterwards.

** The Agape service (Sunday 7 August) is a fellowship meal, a very ancient tradition of the Church, and was often used in the Methodist church as sacramental and as a celebration of the ministry of the whole people of God.

There's always a welcome – we'd love to see you.

CHAPEL TEA ROOM – open every Monday and Wednesday from 11am – 4pm with tables inside and outside. A great summer lunch menu is always available as is plenty of coffee, tea and cake. We're open for visitors and the local community. Call in and relax with us. Many thanks to those who staff the kitchen and tea room.

We are preparing to welcome the Rev Saul Tadzaushe to the ministry here at Orford and at Woodbridge, Framlingham, Knodishall, Kelsale and Peasehall Methodist Churches. Saul, and his wife Tariro (their two youngest children will follow later) come to us from Zimbabwe and will reside in the Manse at Woodbridge. Saul will be 'welcomed' by the Circuit at Trinity Church, Felixstowe on Thursday 1 September at 7pm together with the incoming Minister to the Felixstowe churches.

Annual Quay Service – 6pm on Sunday 7 August.

Preacher: Rev. Julian Pursehouse (Chair of the Methodist Church in East Anglia). Supporting the JUBILEE SAILING TRUST – Bring a chair!

Stephen Caley

ORFORD SPORTS & RECREATION CLUB

Yet another excellent turn out for the July bike meet night, many thanks for your support, don't forget the next bike meet on Thursday 11 August from 6pm (BBQ and bar available, bike not essential).

- Friday 19 August, Bingo Night from 8pm.
- Saturday 10 September, members' coach trip to Cambridge, leaving the school at 9.30am / leaving Cambridge at 8pm. The list is now open, so please put your name on, either at the club, or via the committee, one member one seat.
- Saturday 17 September, live music from Roach, from 8pm.
- Saturday 15 October, live music from Haiden Grigor Band.

Plenty happening – look forward to seeing everyone!

Mark Smy, Secretary, 450358

NEW YOUTH CLUB IN BART'S HALL

Just42 are really pleased to announce that we will be starting a new Youth Club in Bart's Hall, Broad Street, Orford in September. We will be running the club in partnership with St Bartholomew's Church, who were really keen to offer something for local young people, so they approached Just42 to help them run a new club.

The club will be for young people in year 6 and upwards. It will be held on the third Thursday of each month starting on 15 September from 6.30 -8.30pm. Then on 20 October, 17 November and 15 December.

There will be no charge to attend the club, but there will be a tuck shop available, so you might like to bring some money to spend.

The club will offer various activities like sports, games, crafts, cooking and food. Occasionally the youth clubs go on local trips too. Please come along, meet your friends and make new ones!

The club will be run by Just42, a Woodbridge-based youth and children's work charity. Just42 currently run 4 other youth clubs in the villages around Woodbridge. The club will be run by May Raison who has lived in Orford her whole life. May will run the club on behalf of Just42 and will be supported by local volunteers.

If you would like to support the club in any way, please do get in touch with May at Just42 may@just42.org.uk or Rev Giles Tulk on revgileswtr@gmail.com

To find out more about volunteering or attending the club please get in touch or simply come along in September to say hello.

Caroline Rutherford, Charity Manager Just42 Ltd

THOMAS MARSHALL EDUCATION FUND: Fumble in the Jumble

Following last year's very successful event, Fumble in the Jumble returns on Saturday 6 August from 10am until 2pm in St. Bartholomew's Church, Orford. Don't miss this opportunity to ferret out some bargains at this top quality bric-a-brac sale and help us raise much needed funds for the support of young people in Mozambique to enable them to make a sustainable living and support their communities.

If you have any top quality bric-a-brac that you feel would be suitable for this event, please email contact@tmef.org.uk or call 01394 450276.

Roger Hipwell, Trustee TMEF

SUDBOURNE HALL CRICKET CLUB

As we move into August, the team's Saturday league form continues to be blighted with inconsistency, but on Sunday 11 July players, friends and supporters enjoyed a fantastic President's Day at the club. Glorious weather, sumptuous lunch and tea, accompanied by a tight contest on the pitch all contributed to one of the standout days of the Sudbourne cricket calendar. Eventually, the President's XI fell a few runs short of the 198-run target set by Sudbourne. However, most believe that if the President's XI star player, Alex Mann hadn't retired gracefully after reaching fifty, victory would have been in the hands of the visiting side!

Thank you to club President Sir Edward and wife Clare for running the day.

Sudbourne Hall Cricket Club fixtures – August 2022. (All games 1pm start)

- Saturday 6 August, Earl Stonham (away)
- Saturday 13 August, Sudbury (home)
- Saturday 20 August, Braintree (away)
- Saturday 27 August, Kesgrave (home)

Andy Halliday

ORFORD SUMMER TENNIS TOURNAMENTS 2022

Ladies doubles tournament, Tuesday 23 August at 9.30am. No need to have a partner they will be drawn on the day. Cost will be £3.

Mixed doubles tournament, Wednesday 24 August at 4pm. £5 per couple.

Please let me know by 19 August if you would like to play.

Diana Grayburn, 01394 450771 or 07513 520827, dianampaterson@btinternet.com

ORFORD, SUDBOURNE & GEDGRAVE FLOWER SHOW & FETE, 27 AUGUST 2022

We are on a countdown now to our fantastic local flower show and fete. Brochures are now available as usual from the Orford newspaper kiosk and the Orford Village shop as well as, for the first time, online at www.orfordflowershow.org

We are also still looking for volunteers, both for setting things up on Friday 26 August, or manning the gates for a short period on the day, or helping out on some of the fun stalls, again on the day. Please contact Gary Wingrove on 01394 459875 if you interested in helping, even if you are one of our regular volunteers.

The Great Potato Growing Challenge – a reminder. Before you bring your potato container to the Show please cut off the foliage. Bring your complete container with the potatoes still in the growing pot/bucket to The Show on Saturday 27 August between 7.30am and 9.30am, please ensure your name and telephone number are on the container. You do not need to complete a show entry form or pay an exhibitor fee for this class. We will empty out your potatoes and the judge will weigh them. The competitor with the highest weight of potatoes will receive the cash prize at the afternoon prize giving ceremony. Any help with the weighing and organisation of this competition would be gladly accepted – please ring Alex on 07980 584 936.

Become a Friend of the Flower Show

We do not ask for an entry fee to the show, we just ask for voluntary contributions but the main funding for the Show is provided by the Friends of the Flower Show scheme. Anyone can become a Friend of the Flower Show. We ask for a minimum contribution of £30 per annum, but there is no upper limit! Apart from knowing that you are helping to secure the future of the show and support local charities, you will be invited to the Friends reception, lunch and preview, where you will be able to wander the marquee before it is open to the general public, with a glass of fizz in hand, enjoy some excellent food, and debate the judges' decisions. You will also be invited to vote for the "Best in Show" award. If you are interested, please contact us at orfordflowershow@gmail.com or call Gary Wingrove on 07795 402275

The Flower Show Committee

FLOWER SHOW REFRESHMENTS

It's the time of year again when I ask for donations of cakes/biscuits etc for refreshments at the flower show. Donations can be dropped off at the Recreation Ground Pavillion on the morning of the show or the day before, or I can collect them from you. All money raised will go to the Recreation Ground Charity. Many thanks!

Anne Macro, tel 450741

ORFORD AND DISTRICT GARDENING CLUB

The Flower Show, Saturday 27 August 2022

This year we will be back at the Show with a stall entitled 'The Role of the gardener in Saving the Planet...'

We will be welcoming some 'friends' of the Club, old and new to chat with you and provide information about swifts, butterflies, bees, meadows and wild gardening, hopefully along with plants, shrubs and tiny trees to inspire you. We will also have some delightful snowdrop cards for sale which have been printed from an original painting by one of our members. So, do come and see us whether you are a seasoned gardener or an aspiring one – there's always lots more to know and we love to meet new people!

Social Events in June and July

In June 42 of our members and their guests got together to be inspired by the garden of Richard and Penny Murley. We enjoyed their different areas and aspects of their garden and their wonderful artistic talent which created so many features and sculptures. All our thanks to them.

Mike and I opened our garden for the Church Open Gardens Event and were amazed to have 144 visitors! Many showed great interest in our Gardening Club!

Our private visit to Fullers Mill/Perennial Garden on 5 July was well attended and we were all delighted to see such a wide range of different lilies as well as the charm of the garden itself.

Next Event: Lucy Skellorn – My Family and Other Irises – Thursday 8 September, 7.30pm, Orford Town Hall.

We were so pleased to have found Lucy who was at Chelsea with Plant Heritage and interviewed for Gardener's World! She also featured in the May edition of Country Living. Lucy's great-great-grandfather, Sir Michael Foster, was an authority on iris cultivation and breeding from the 1870s onwards. This is her family heritage. Whilst studying Lucy worked at Langham Hall and the Museum of East Anglia's walled gardens as a heritage garden apprentice, then at Ickworth House and Helmingham Hall.

We hope to see you soon!

Polly Sharkey (Chair), *creativefutures98@btinternet.com, 01394 450959*

PROMETHEUS RECITAL

Some of the members from the orchestra will give you a taste for orchestral music at Orford Town Hall. The programme includes a Mozart

Divertimento and the Beethoven Sextet for strings and horns, both charming pieces to listen to. The programme is approximately 40 minutes long and refreshments of tea and biscuits will be served afterwards when you can talk to the players.

Ticket prices are only £10 or £5 for those aged 10 to 17, and free for those aged 9 and below, so do come along and enjoy the music at Orford Town Hall, at 4.00pm on Sunday 7 August.

Chris Gill

THE ALDE & ORE ESTUARY TRUST 2022 CHARITY FLOTILLA

The Alde & Ore Estuary Trust is organising a second summer flotilla as part of its Save Our Suffolk Estuary fundraising campaign and is encouraging the river-loving community to get involved.

On Sunday 4 September, participants are invited to swim, kayak, row, canoe, or paddleboard from Aldeburgh Yacht Club and make their way almost five miles down the estuary to Orford Sailing Club, with the ebb tide to help them.

An elite class who are used to swimming three or more miles comfortably in open water will be timed and set off first, followed by the recreational swimmers who are expected to take around two hours to complete the course. This year, the age limit has been lowered so children over 12 can get involved, making it a very special community event. The inaugural flotilla in 2019 was a huge success, raising over £24,000.

With a limited number of places in each class – elite swimmers, recreational swimmers, and the fleet of paddlers, the Trust is urging anyone keen to be involved to sign up as soon as possible. Entry is £50 for swimmers aged 16 years and over and £40 for paddlers 12 years and over.

Grants from The Alde & Ore Estuary Trust support the upgrade and maintenance of flood defences of the Alde, Ore and Butley rivers to protect the area's economy, homes, and landscape. Floods such as those of 1953 and 2013 devastated the area.

Those wishing to enter the flotilla should visit The Alde & Ore Estuary Trust's website here: <https://www.aoetrust.org/new-events>

AUGUST UPDATE FROM THE PENINSULA PRACTICE

DAY	ALDERTON	ORFORD	ALDEBURGH	HOLLESLEY
Monday	8.00 to 14.30	8.00 to 18.30	8.00 to 18.30	13.30 to 17.30
Tuesday	8.00 to 18.30	CLOSED	8.00 to 18.30	CLOSED
Wednesday	8.00 to 18.30	8.00 to 13.00	8.00 to 18.30	CLOSED
Thursday	8.00 to 18.30	8.00 to 13.00	8.00 to 18.30	CLOSED
Friday	8.00 to 18.30	8.00 to 13.00	8.00 to 18.30	CLOSED

August Bank Holiday

The surgery will be closed on Bank Holiday Monday, 29 August.

When the surgery is closed please call NHS 111.

Flu season 2022

We are busy organising our flu programme for 2022; once again we plan to host a full day of flu vaccinations at Aldeburgh Community Centre, Hollesley Village Hall and Orford Surgery. Dates will be published very soon; please keep an eye on our website and Facebook for more information.

Ear care services

We are very happy to be offering wax removal services by Ear View at Alderton and Aldeburgh surgeries. With the services no longer being provided on the NHS, Ear View offers microsuction and irrigation ear wax removal at one standard cost of £49.50 per appointment. If you would like to book an appointment, you can book online at www.earview.co.uk or call 07925 651116. If you have any questions, please email info@earview.co.uk.

Social prescribing

Social prescribing allows clinicians and medical professionals to support patients with non-clinical services by referring them to local specialists. This is known locally as Connect for Health and can support people with long-term conditions, welfare benefits, isolation, lifestyle and other needs. It is free and confidential, and for anyone 18+. To find out more, please call the surgery on 01394 411641 or email Connect for Health at C4h.suffolk@nhs.net or call them on 01394 332265.

www.thepeninsulapractice.co.uk or 01394 411641

<https://www.facebook.com/ThePeninsulaPracticeGPSurgery/>

TOP QUALITY BRIC A BRAC SATURDAY

6TH AUGUST 2022
St. Bartholomew's Church
Orford

10.00am to 2.00pm

All proceeds to Thomas Marshall Education Fund
Registered Charity No. 1154635



ORFORD ANNUAL QUAY SERVICE



6pm

Sunday 7th August

Preacher: The Rev Julian Pursehouse

This year we are supporting

The Jubilee Sailing Trust

BRING A CHAIR!

Teddy Bear Parachute Jump

*Back by popular demand! Put the date in
your diary.*



is your bear brave enough to parachute from
the top of Orford Church Tower?

£1.00 entry fee per jump

*(parachute provided on the day or you can
make your own)*

St Bartholomew's Church, Orford

Sunday 28th August

August Bank holiday Weekend

3.00pm to 5.00pm

Plus home made cakes and refreshments

*& fire engine & crew to rescue any bears which
get stuck!*



01394 450235

We can help with any of the following:

- Friendship and companionship
- Collection of medication
- Shopping
- Dog walking / feeding pets
- Form filling and help with technology
- One-off garden tidy
- Minor household repairs
- A healthy meal
- Transport to Covid-19 vaccinations/boosters, hospital, and GP appointments
- Provision of a personal care alarm with key safe, supported by the Orford & District Surgery Charitable Trust
- A Community Larder#, located in the entrance to the Kings Head car park.
- Other activities as requested and agreed
- Support for anyone who is impacted by a scam

Our intention was for the larder to be open 24/7. However, during Easter week some items were taken, damaged and left uneaten on the Recreation Ground. Wasting food at any time is unscrupulous and when so many people are cutting back due to rising costs it is downright wicked. Therefore during busy periods we have decided to lock the larder from approximately 7.30pm to 7.30am. We are sorry that we have had to do this.